



Photo courtesy Aaron Layman

Republican representative and senior John Kelly (left) debates with the Democratic representative, sophomore Elspeth England (right) during the WMWC debate show moderated by sophomore Zachary Zuro (middle).

Mary Wash Political Organizations Debate

By **AMANDA CRISSUP**
Copy Editor

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He then did it again the following week and will continue to do so until the general presidential elections on Nov. 2.

"Both groups have shown a lot of interest and enthusiasm; both groups listen in," Zuro said of the Young Democrats and the University of Mary Washington College Republicans.

At 1 p.m. tomorrow, and every Friday afternoon, Zuro will act as moderator for WMWC's first ever debate show. He poses questions to representatives of both the Young Democrats and the University of Mary Washington College Republicans about their candidates for United States president. So far these questions have included topics such as the early careers of President George W. Bush and Senator John Kerry, as well as the stances of these candidates on the war in Iraq.

It is no coincidence that these debates are occurring this semester when many University of Mary Washington students will be able to vote for the first time for a presidential candidate.

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According to Zuro, his main goal for having a debate show is to facilitate communication between the two political organizations on campus. Additionally, it is also important to him to have a thought-provoking radio show that people would be willing to listen to.

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UMW Is Thinking Green

University Is Considering Energy Conservation Changes

By **ZACH BOWMAN**
Staff Writer

The University of Mary Washington is thinking green, environmentally and fiscally.

In response to an executive order by Gov. Mark Warner, a panel of upper administration and facilities services members are reviewing a set of energy-conserving systems proposed by the North East Energy Services Company (NORESCO). The systems will not only save some energy, but also a significant amount of money in the long run.

According to Stuart Sullivan, director of contract services and utilities, the panel is looking at a number of energy control measures designed to manage the amount of energy the campus uses.

Almost every building on campus will be affected, from administrative buildings to residence halls.

In Mercer Hall, the old steam heating system could be replaced with a hot water system, which would mean a more comfortable winter, according to Sullivan.

"We're looking at savings as well as comfort," Sullivan said. "When you're in a steam building your heat is either on or off and you get some fluctuations in temperature in the building... It should help the building be a more livable space."

Sullivan outlined several energy control

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Dan Cox/Bullet

Morgan Applegate, creator of the new name change t-shirts, models his own t-shirt in front of the university's old name.

"I Was Here Before U"

By **LESLEY JOHNSON**
Scene Editor

Senior Jeff Holmes struts up and down campus walk wearing his new t-shirt saying, "Mary Washington College: I Was Here Before U."

"I thought it was really clever," Holmes said. "[It was] just a great way for people to express the feelings of 'Dude, where's my school?'"

The brainchild of the idea, senior Morgan Applegate, created the t-shirts after joking around in an e-mail with a Mary Washington College alumna.

"I ended my e-mail with the saying and how I was thinking about turning it into a t-shirt," Applegate said. "She e-mailed me back, really excited, saying I needed

► See T-SHIRTS, page 2

Mr. UMW Flying Solo, Female Contestants Are Welcomed

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Andrew Lamar, president of the

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The contestants of the Mr. UMW Pageant after their opening act.

House Sold On William Street

By **AMY GALLINAGH**
Staff Writer

The 8,000-square foot home on the corner of College Avenue and William Street finally has a buyer.

Florence Beth Vinal, a bed and breakfast owner currently living in Falmouth, Mass., bought the home on Sept. 27 for over \$2.5 million.

Vinal's first sight of the luxury home inspired her to transform it into a bed and breakfast for women to come to relax and be pampered, while enjoying the Fredericksburg area.

"I'm so excited to come to this community and open a business here," Vinal said.

Some features of the four-level home include six fireplaces, five bedrooms, six full baths, a sauna, home theater, elevator, guest

quarters, temperature-controlled wine cellar and an outdoor gazebo.

In order to use the home as a women's retreat center, Vinal needs the Fredericksburg City Council to approve a special-use permit because the home is zoned residential.

"[A] women's retreat does not fall under the

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5 Day Forecast



TODAY
Sunny
High: 79
Low: 49



FRIDAY
Sunny
High: 80
Low: 49



SATURDAY
Partly Cloudy
High: 80
Low: 52



SUNDAY
Partly Cloudy
High: 76
Low: 47



MONDAY
Partly Cloudy
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Graphics courtesy Christin Connors

Verbatim ...

"By my estimate, a majority of people at UMW don't deserve to vote. Alexander Hamilton had it right."

—Clint Woods, page 3



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Police Beat

By STEPHANIE TAIT
Assistant News Editor



Sept. 29—A 34-year-old female employee of the University of Mary Washington reported to police that between 7 a.m. and 7:30 p.m. on Sept. 20, her 1996 Mercedes Benz was hit while parked in the Goolrick Parking Lot or on Hanover Street. Damages, estimated at \$2,500, were inflicted to the rear bumper and fender of the vehicle. There are no suspects or witnesses and the case is under investigation.

Sept. 30—At 10:05 a.m., housekeeping reported to police that a pair of Adidas shoes were melted in a Randolph Hall kitchen. According to police, the shoes belonged to a 19-year-old male resident of Randolph Hall who claimed he had last seen his shoes at 11 p.m. the previous evening. There are no suspects or witnesses and the case is under investigation.

Oct. 3—At 1:15 a.m., police responded to a call regarding an assault in progress at Russell Hall. According to police, the officer arrived after the suspect had fled. The victim, an 18-year-old male resident of Russell Hall, reported to police that he had entered Russell Hall through the Sunken Road entrance and was verbally accosted by a male. According to police, the victim then approached the subject who began to beat him. The victim described the suspect as being six feet tall, thin with brown hair, and dressed preppily. There are no suspects.

Oct. 3—At 2:30 a.m. Sgt. Timothy Connolly, while on duty, spotted a blue, two-door Chevrolet truck slam on its breaks on Sunken Road. The truck then lost its tire and skidded into the sidewalk in front of a residence on Sunken Road. According to police, the suspect then drove off and was pulled over by Connolly. Connolly noticed a strong odor of alcohol and the suspect had slurred speech. The suspect then exited his vehicle and was told by Connolly to get back on his vehicle. The subject refused to comply and took off running. After Connolly had apprehended the subject, he continued to struggle. Connolly then placed the subject into custody. The suspect refused sobriety and breath tests. Robert James, a 26-year-old resident of Fredericksburg, was arrested for a DUI, driving on a revoked license, obstruction of justice and refusal to submit to a breathalyzer. James was held on \$3,000 bond.

Oct. 3—Stafford County police requested the assistance of University of Mary Washington Police in serving a warrant on-campus. Stafford county police served the warrant for the arrest of Braughan Fanning, a 19-year-old resident of Randolph Hall, on charges of identity theft. Braughan was released on a \$1,000 personal recognizance bond.

Senior's T-Shirt Reflects Name Change Sentiment

◀ T-SHIRTS, page 1

to make the t-shirts so that she could buy some and give them to her friends."

She was not the only person ecstatic about the t-shirts on sale.

"Morgan's idea is the epitome of greatness when it comes to making a statement about the name change," said junior Meghan Cudahy, vice president of Student Government Association. "I wish more students were able to take a pro-active stance on this issue. So many students are complaining each day, but the new university name is here, so why not have a little fun with it."

The t-shirt stands as an emblem of history for the students impacted by the name change.

"I had heard my accounting professor, [Dr. Hubbard], talk about the shirts and when I realized that I knew the guy making them, I couldn't resist," Cudahy said.

"Besides it's proof that we're a part of history."

Senior Charmayne Staloff does not see all of the fuss associated with the t-shirts. She believes the purpose more-so emphasizes the name change as opposed to marking of history.

"I've heard people talking about the 'we were here before U' shirts," Staloff said. "Personally I'm not at all opposed to the change to university status. I think it's great. My stance on the whole name change thing is that as long as we got to keep the Mary Washington name, that's great. Honestly I don't really understand why people are upset about losing the 'college' part."

Applegate is not the only person who made t-shirts in regards to the university's name change. Last year, Associate Professor of English Stephen Watkins made and sold about 500 t-shirts for the Save the Name rally. Watkins sold the t-shirts at cost, while Applegate hoped to make a profit off his t-shirt idea.

Unfortunately, the bank bag holding his profits disappeared from his apartment sometime between Friday, Sept. 17 and Saturday, Sept. 18. According to Applegate, there was over \$1,000, predominantly cash, in the bank bag. He did not report its disappearance to the police department because he felt they would not be able to help find it.

"As of now, I'm not making any profit," Applegate said. "If I sell all the t-shirts and take orders for the smalls, then it will all work out."

Applegate ordered 200 of these navy blue

with white lettering short-sleeve t-shirts and has sold about 150 since Sept. 10. He is now accepting orders via e-mail for people that want a size small. Out of the 200, he sold all of the 45 small sized shirts. He still has plenty of the size medium, large and extra large left.

With the profits, he planned on setting up a scholarship at Liberty High School in the memory of his father, Randolph Nic Applegate who passed away in 2002.

"I'm still going to set up the scholarship in honor of my dad," Applegate said. "I plan to talk about it to my old guidance counselor [at Liberty High School] this winter. There really is no connection between him and the t-shirts, the scholarship is something that I had planned on doing since I came to college and once I found out I might actually make money off of the shirts, I saw the profit as a good source to fund the scholarship."

Applegate should not worry about making up the lost money. The demand for the t-shirts is still high amongst the student body according to junior Molly Hurt.

"I know a lot of people want to buy one," Hurt said. "When I wore my shirt, people were stopping me all day long, even freshmen. I think [the t-shirt] makes a clever and funny commentary on what happened at our school without being offensive."

Senior Mario Alfaro thinks the t-shirt's

appeal is because the saying is self-explanatory.

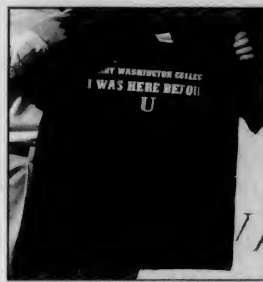
"I wanted to buy the t-shirt because it exemplifies what I think about the name change," Alfaro said. "I'm not saying I don't like the change, I'm just saying that I was there before the change. The t-shirt tells it like it really is."

Senior Byron Leeth takes a different stance when interpreting the intention of the t-shirt.

"I kind of view the shirt as more of a statement rather than an opposition to the name change," Leeth said. "It signifies that I was here for all of it. Kind of like a rite of passage thing."

Applegate reiterated that each student may interpret in any way, but the overall purpose remains the same.

"The t-shirts allow people to put their claim on the fact that they attended the institution formerly known as Mary Washington College," Applegate said. "I thought of the t-shirt as a joke, but since I have realized how much people like them I have done the best I can to make them available to everyone."



The new name change t-shirt.

Afternoon Debates

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Campus Republicans [I] thought the debates would be something that people would be interested in and would tune in to," Zuro said.

Zuro also said the decision of who comes up to debate is entirely up to the campus Republicans and Democrats. Once he comes up with the questions he feels would generate the most dialogue, he e-mails them to the two clubs.

Zuro does not mind who within the clubs comes to debate, "so long as someone comes up," he said.

During the first run of the show, president of the Young Democrats senior Dana Ferreira represented the left side of United States politics, while vice-chairman and senior John Kelly spoke on behalf of the University of Mary Washington College Republicans. Prior to the show, Zuro organized some questions relating to the war in Iraq.

Zuro said the purpose of having an interesting topic is to facilitate a dialogue between the two groups. He prefers to keep his role to a minimum. The questions are just a loose framework to get the representatives talking.

"I let them develop the content of the show and where it goes," Zuro said.

The debate show is not simply political banter. Zuro divides the hour by playing one song every 15 minutes.

"When you've got two people doing a debate you want to keep it light...not too politically charged," Zuro said. "It's supposed to be fun."

These musical breaks also provide regular listeners to WMWC with their normal campus radio listening experience. This break from the traditional WMWC does not perturb Ray Tuttle, faculty advisor to the radio station.

"I think it's a great idea...Since it's an election year what better opportunity to bring more talk radio to the station," Tuttle said.

The Ferreira and Kelly debate segment mainly focused on the war in Iraq and terrorism. While discussing what can be expected of Kerry in regards to Afghanistan and terrorism worldwide, Ferreira made the statement that Kerry plans to seek support from NATO.

In response to this, Kelly said asking for help from NATO with Iraq would be similar to him trashing someone's residence hall room, then calling Ferreira and asking for assistance.

"What kind of responsibility do other nations have in this endeavor?" Kelly asked. "They don't [have any]. They didn't go in to remove Saddam and they don't have responsibility to clean it up. It's our responsibility to make it right."

In response to his view on the need for continued support for the Iraqi people from United States troops, Ferreira said, "We can't abandon them after destroying their sandcastle."

Round two featured sophomore Elspeth England representing the Democrats and Kelly again with the Republicans. They discussed Bush and Kerry's previous career accomplishments as well as their time spent in the armed forces.

Listeners were encouraged to call in to the radio station with questions. In the second installment of debates, listener and sophomore Vanessa McCoy called in to take advantage of the opportunity.

"The debates were a good forum to hear different sides of the issues," McCoy said. "I liked hearing student perspectives on issues which I usually hear only from 'grown-ups.' So many students are apathetic or ignorant about what is going on in the rest of the world, but the people debating actually knew what they were talking about."

Students can listen to WMWC at 91.5 FM on the radio or on campus by turning on any campus television to channel 27.

McGeorge also pleased with the feedback that he has received about the debate show.

"Because it's been such a success and because it's getting closer to the election, we're going to start promoting the show extensively," he said.

The enthusiasm of both political organizations to participate also impressed McGeorge.

"Ray [Tuttle] and I are really appreciative of the Republicans and Democrats to provide folks to talk during this and to participate," McGeorge said. "I think it's good for all the organizations involved."

Measures To Conserve Energy To Be Considered

◀ GREEN, page 1

measures. He said the physical plant is looking at a possible change from electric heating to gas while other buildings, such as Willard Hall, will have their windows replaced with more efficient units.

The university is also looking into energy management systems that would lower the amount of energy consumed by the heating and air conditioning units while the buildings are unoccupied at night or during breaks.

Other control measures focus on replacing or insulating older pipes, replacing the toilets on campus with more efficient versions, reduction of steam pressure on campus during the summer months while students are away, and the conversion of light fixtures on campus with more efficient units. The lighting changes alone could save up to \$100,000 per year.

"We're going to replace the old fluorescent lights with newer fluorescent lighting to get more efficiency out of them. The projections of savings are substantial," Sullivan said.

According to an interview with Richard Hurley, the university's chief financial officer, NORESCO's energy audit shows the panel what improvements could be made on the campus to save energy, what each of those

improvements costs, and how much those changes can save the school in utilities.

If the panel decides not to pursue the Energy Control Measures, the university will owe NORESCO \$144,000 for the energy audit, but so long as the university decides to go forward with the measures, the audit is free.

Once the university decides to pursue an energy performance contract with NORESCO, the bank the university selects will pay NORESCO on a monthly basis as the jobs are completed, Hurley said.

The total cost of the work will be known once contractors are selected by NORESCO. Once all of the energy control measures are in place, the University of Mary Washington will then repay the bank off of the energy savings.

"This is hopefully a win-win situation," Sullivan said. "We save energy which is good dollar wise, but it means we're saving gas, oil, and electricity which is good environmentally."

According to Sullivan, the panel will discern whether or not each control measure will be best all around and decide on them in November.

Once decisions are made, work will begin early in 2005 and will take anywhere from 16-18 months.

Mr. UMW Contest Off 2004 Homecoming Itinerary

◀ CONTEST, page 1

Republicans, said there would be no problem this year if a woman were to enter.

"The general understanding is that if a woman was to be elected by a particular residence hall, then she would be able to be in the competition," Lamar said. "At this point, no woman has entered."

Each residence hall and the University of Mary Washington apartments send one representative to compete each year. John Kelly, vice president of the College Republicans, said the proceeds from the show are used to raise funds for the University of Mary Washington College Republicans and, in support of October being Domestic Violence Awareness Month, approximately \$400 to \$500 goes to the Rappahannock Council on Domestic Violence.

This year 16 contestants are competing including males who will represent the all-female residence halls of Ball and Virginia Hall.

Kelly said last year Virginia Hall's woman representative was rejected because she going to dress up as a man.

"Having a girl dress as a guy is not what it's about," Kelly said.

Ford said she was going to buy a muscle shirt and dress up like a man for fun, but thought that it would not be an issue. Ford said the Republicans were crazy about the idea of a woman dressing like a man.

"I couldn't do it because they thought it would be a mockery of the competition, when the event was already a joke itself," Ford said. "It was supposed to be funny not controversial."

This year the Mr. UMW contest will not be held during the three-day homecoming week due to a conflict with the Student Government Association, Kelly said. This is the first time in the event's six-year history that it will not be held during homecoming week.

Kelly said the Republicans agreed with the SGA executive board

that if a woman was elected from the residence halls then they would let them in. Kelly also said Tami Goodstein, director of the office of student activities, demanded that the show be fully co-ed and be called the Mr. and Mrs. UMW Pageant, which, in the opinion of the University of Mary Washington College Republicans and the Mr. UMW committee, would make the show impossible to create.

"It's a great Mary Washington tradition; there's no reason to ruin it," Kelly said. "We left, we didn't want any more to do with it."

Goodstein declined comment.

"The College Republicans have their objectives and the SGA has theirs," Cedric Rucker, dean of student life, said. "I think students need to resolve those sorts of issues themselves."

Frank Puleo, president of SGA, said conflicts in communication can be attributed to the contest's absence from this year's homecoming. Puleo also said he received different answers from Lamar and Kelly about whether or not the contest was going to be included in this year's homecoming and rather than taking a risk of it not occurring during that week, it was removed from the homecoming schedule.

"I don't think anyone messed up and no one's to blame," Puleo said. "They still will have their event and we still have an awesome homecoming week. Hopefully next year it will be back."

The show was held on Wednesday at 7 p.m.



John Kelly and Andrew Lamar, backstage at the Mr. UMW Pageant.

Viewpoints

Editorial Happy Birthday!

On Saturday, Oct. 9, Steve Watkins, associate professor of English and *Bullet* adviser, will be celebrating his fiftieth birthday.

Watkins, now half a century old and still liberal as ever, certainly deserves a round of applause for his accomplishments and hard work.

Watkins has been at Mary Washington for 15 years. For the same amount of time, he's been the adviser to *The Bulletin*—for no compensation and little recognition, except the intrinsic rewards of advising an award-winning college newspaper.

He's dealt with *Bullet* catastrophes, drama, and everything else imaginable in the last 15 years.

He's put up with the criticism that inevitably comes with being a part of a newspaper.

And he's constantly criticizing *The Bulletin* to make something that's good even better. Not a single misplaced comma gets by Watkins.

And on a broader scheme, he's been active in the campus community. Most notably, he organized last year's Save The Name Rally and committee.

Also, as Watkins frequently likes to tell his students, he wrote a book entitled "The Black O," which everyone should read.

He is selling it for five dollars, by the way.

Even though Watkins will probably have something negative to say because the editorial space this week is not dedicated to a controversial, hott-with-two-t's issue (like popped collars), we believe that it is important to recognize one of the coolest professors at the University of Mary Washington.

Have a wonderful, wonderful birthday!

You Are Not Superior



A student sports a popped collar, the style relating to the author's dismay.

This letter was written in response to "Collar-Pop Shows Class: Let's Keep It That Way" (Sept. 30, 2004, *The Bulletin*).

Dear Editor:

Although the issue of collar popping had outstayed its welcome, and has frankly become a ridiculous issue to waste time on, I felt one of the poor folks, or as Ms. Nicholson calls us, "lesser bred" of UMW should make a few comments.

Are you freaking kidding me? Is this what this university has come to? Do people actually feel that they are superior to one another by the clothing style they choose, or simply just feel they are superior for no reason whatsoever?

Sadly, the answer to this question is "yes" at good ole UMW.

It's apparent every day as I walk across campus, which is quite a far walk since that \$100 commuter parking decal bought me nothing but a wonderful parking spot in the middle of nowhere.

It's aparent when you feel you're too good to take a step behind the friend you're walking with and let a fellow student share the sidewalk instead of walking through the wet grass on these frequently occurring rainy mornings.

It sickens me that people actually feel this way, and as a native Fredericksburg citizen, I am ashamed to have people like you inhabit my community!

Consider this my own type of flipping, as Mike DeMetro says.

Amanda Pearson is a senior.

Please Don't Rock The Vote

If You Don't Know The Facts, Stay Away From The Voting Booth

This letter was written in response to "In November, Do Not Waste Your Vote" (Sept. 30, 2004, *The Bulletin*).

Dear Editor:

I have heard a number of celebrities and ambitious ad campaigns telling our generation to "rock the vote" and "choose or lose" in recent weeks.

For those of you convinced to participate in our democratic process by intellectual heavyweights like Drew Barrymore or P. Diddy, without clear political beliefs or knowledge, I have one request: please don't.

The entire notion of voting for the sake of voting strikes as a ridiculous exercise -- no matter how fuzzy it might make you feel inside to embrace your voice or responsibility.

Voting is an important process that involves a nuanced understanding of domestic and international politics, not a whimsical Tuesday morning activity for venting your feeling that "Bush is a tool" or "Kerry is a wuss." By my estimate, a majority of people at UMW don't deserve to vote. Alexander Hamilton had it right.

I'm sure that to many this may sound elitist (although I think the recent high-brow discussion of collar-popping makes me look tame), so I've designed a pop quiz for those of

you wondering if you know enough about politics to vote:

1. What are trade deficits? Are they good or bad for the economy?
2. Name the last three Democrats and Republicans to receive their party's nomination for the presidency.
3. What are the differences between the education plans of Bush and Kerry?
4. Name all of the countries with declared nuclear arsenals.

If you failed any of these questions, I suggest you skip the voting booth on November 2.

Clint Woods is a junior.

President Bush Is A Man With No Plan At All

By WILLIAM DEMAREST
Guest Columnist

President Bush keeps arguing that Kerry does not have one position on Iraq, nor does he have a plan to get us out.

First, this is pure politics with no factual base. Second, Bush is the one who constantly changes positions and lacks a real plan for Iraq.

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as "wrong war," "grand diversion," "mistake of a war," and "our soldiers are not dying for a mistake," and voting for the war as being contradictions. I will grant that they seem paradoxical but that is a result of the complexities.

Iraq, when viewed as part of the war on terror, was the wrong war. It was a diversion from that war. And it was a mistake based on terror or WMDs. But that has changed (as I will discuss more shortly).

So, our soldiers are not dying for WMDs or the war on terror but they are dying for Iraq and replace a horrible leader. This is not a mistake. Now that we are there, it's a good thing to do. But the mistake is how we got there.

Furthermore, authorizing war is not the same thing as approving entirely. Bush made promises concerning the war and he did not uphold those

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Police Beat

By STEPHANIE TAIT
Assistant News Editor



Sept. 29—A 34-year-old female employee of the University of Mary Washington reported to police that between 7 a.m. and 7:30 p.m. on Sept. 20, her 1996 Mercedes Benz was hit while parked in the Goodrick Parking Lot or on Hanover Street. Damages, estimated at \$2,500, were inflicted to the rear bumper and fender of the vehicle. There are no suspects or witnesses and the case is under investigation.

Sept. 30—At 10:05 a.m., housekeeping reported to police that a pair of Adidas shoes were melted in a Randolph Hall kitchen. According to police, the shoes belonged to a 19-year-old male resident of Randolph Hall who claimed he had last seen his shoes at 11 p.m. the previous evening. There are no suspects or witnesses and the case is under investigation.

Oct. 3—At 1:15 a.m., police responded to a call regarding an assault in progress at Russell Hall. According to police, the officer arrived after the suspect had fled. The victim, an 18-year-old male resident of Russell Hall, reported to police that he had entered Russell Hall through the Sunken Road entrance and was verbally accosted by a male. According to police, the victim then approached the subject who began to beat him. The victim described the suspect as being six feet tall, thin with brown hair, and dressed preppily. There are no suspects.

Oct. 3—At 2:30 a.m. Sgt. Timothy Connolly, while on duty, spotted a blue, two-door Chevrolet truck slam on its breaks on Sunken Road. The truck then lost its tire and skidded into the sidewalk in front of a residence on Sunken Road. According to police, the suspect then drove off and was pulled over by Connolly. Connolly noticed a strong odor of alcohol and the suspect had slurred speech. The suspect then exited his vehicle and was told by Connolly to get back on his vehicle. The subject refused to comply and took off running. After Connolly had apprehended the subject, he continued to struggle. Connolly then placed the subject into custody. The suspect refused sobriety and breath tests. Robert James, a 26-year-old resident of Fredericksburg, was arrested for a DUI, driving on a revoked license, obstruction of justice and refusal to submit to a breathalyzer. James was held on \$3,000 bond.

Oct. 3—Stafford County police requested the assistance of University of Mary Washington Police in serving a warrant on-campus. Stafford county police served the warrant for the arrest of Braughan Fanning, a 19-year-old resident of Randolph Hall, on charges of identity theft. Braughan was released on a \$1,000 personal recognizance bond.

Senior's T-Shirt Reflects Name Change Sentiment

◀ T-SHIRTS, page 1

to make the t-shirts so that she could buy some and give them to her friends."

She was not the only person ecstatic about the t-shirts on sale.

"Morgan's idea is the epitome of greatness when it comes to making a statement about the name change," said junior Meghan Cudahy, vice president of Student Government Association. "I wish more students were able to take a pro-active stance on this issue. So many students are complaining each day, but the new university name is here, so why not have a little fun with it."

The t-shirt stands as an emblem of history for the students impacted by the name change.

"I had heard my accounting professor, [Dr. Hubbard], talk about the shirts and when I realized that I knew the guy making them, I couldn't resist," Cudahy said.

"Besides it's proof that we're a part of history."

Senior Charmayne Stalloff does not see all of the fuss associated with the t-shirts. She believes the purpose more-so emphasizes the name change as opposed to marking of history.

"I've heard people talking about the 'we were here before U' shirts," Stalloff said. "Personally I'm not at all opposed to the change to university status. I think it's great. My stance on the whole name change thing is that as long as we got to keep the Mary Washington name, that's great. Honestly I don't really understand why people are upset about losing the 'college' part."

Applegate is not the only person who made t-shirts in regards to the university's name change. Last year, Associate Professor of English Stephen Watkins made and sold about 500 t-shirts for the Save the Name rally. Watkins sold the t-shirts at cost, while Applegate hoped to make a profit off his t-shirt idea.

Unfortunately, the bank bag holding his profits disappeared from his apartment sometime between Friday, Sept. 17 and Saturday, Sept. 18. According to Applegate, there was over \$1,000, predominantly cash, in the bank bag. He did not report its disappearance to the police department because he felt they would not be able to help find it.

"As of now, I'm not making any profit," Applegate said. "If I sell all the t-shirts and take orders for the smalls, then it will all work out."

Applegate ordered 200 of these navy blue

with white lettering short-sleeve t-shirts and has sold about 150 since Sept. 10. He is now accepting orders via e-mail for people that want a size small. Out of the 200, he sold all of the 45 small sized shirts. He still has plenty of the size medium, large and extra large left.

With the profits, he planned on setting up a scholarship at Liberty High School in the memory of his father, Randolph Nic Applegate who passed away in 2002.

"I'm still going to set up the scholarship in honor of my dad," Applegate said. "I plan to talk about it to my old guidance counselor [at Liberty High School] this winter. There really is no connection between him and the t-shirts, the scholarship is something that I had planned on doing since I came to college and once I found out I might actually make money off of the shirts, I saw the profit as a good source to fund the scholarship."

Applegate should not worry about making up the lost money. The demand for the t-shirts is still high amongst the student body according to junior Molly Hurt.

"I know a lot of people want to buy one," Hurt said. "When I wore my shirt, people were stopping me all day long, even freshmen. I think [the t-shirt] makes a clever and funny commentary on what happened at our school without being offensive."

Senior Mario Alfaro

thinks the t-shirt's

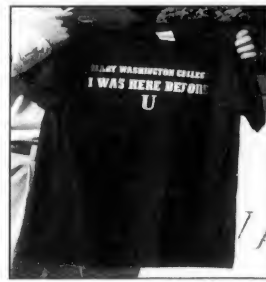
appeal is because the saying is self-explanatory. "I wanted to buy the t-shirt because it exemplifies what I think about the name change," Alfaro said. "I'm not saying I don't like the change, I'm just saying that I was there before the change. The t-shirt tells it like it really is."

Senior Byron Leeth takes a different stance when interpreting the intention of the t-shirt.

"I kind of view the shirt as more of a statement rather than an opposition to the name change," Leeth said. "It signifies that I was here for all of it. Kind of like a rite of passage thing."

Applegate reiterated that each student may interpret in any way, but the overall purpose remains the same.

"The t-shirts allow people to put their claim on the fact that they attended the institution formerly known as Mary Washington College," Applegate said. "I thought of the t-shirt as a joke, but since I have realized how much people like them I have done the best I can to make them available to everyone."



The new name change t-shirt.

Afternoon Debates

◀ DEBATE, page 1

Campus Republicans [I] thought the debates would be something that people would be interested in and would tune in to," Zuro said.

Zuro also said the decision of who comes up to debate is entirely up to the campus Republicans and Democrats. Once he comes up with the questions he feels would generate the most dialogue, he e-mails them to the two clubs.

Zuro does not mind who enters the clubs comes up to debate, "so long as someone comes up," he said. During the first run of the show, president of the Young Democrats senior Dana Ferreira represented the left side of United States politics, while vice-chairman and senior John Kelly spoke on behalf of the University of Mary Washington College Republicans. Prior to the show, Zuro organized some questions relating to the war in Iraq.

Zuro said the purpose of having an interesting topic is to facilitate a dialogue between the two groups. He prefers to keep his role to a minimum. The questions are just a loose framework to get the representatives talking.

"I let them develop the content of the show and where it goes," Zuro said.

The debate show is not simply political banter. Zuro divides the hour by playing one song every 15 minutes.

"When you've got two people doing a debate you want to keep it light...not too politically charged," Zuro said. "It's supposed to be fun."

These musical breaks also provide regular listeners to WWMC with their normal campus radio listening experience. This break from the traditional WWMC does not perturb Ray Tuttle, faculty advisor to the radio station.

"I think it's a great idea...Since it's an election year what better opportunity to bring more talk radio to the station," Tuttle said.

The Ferreira and Kelly debate segment mainly focused on the war in Iraq and terrorism. While discussing what can be expected of Kerry in regards to Afghanistan and terrorism worldwide, Ferreira made the statement that Kerry plans to seek support from NATO.

In response to this, Kelly said asking for help from NATO with Iraq would be similar to him trashing someone's residence hall room, then calling Ferreira and asking for assistance.

"What kind of responsibility do other nations have in this endeavor?" Kelly asked. "They don't [have any]. They didn't go in to remove Saddam and they don't have responsibility to clean it up. It's our responsibility to make it right."

In response to his view on the need for continued support for the Iraqi people from United States troops, Ferreira said, "We can't abandon them after destroying their sandcastle."

Round two featured sophomore Elspeth England representing the Democrats and Kelly again with the Republicans. They discussed Bush and Kerry's previous career accomplishments as well as their time spent in the armed forces.

Listeners were encouraged to call in to the radio station with questions. In the second installment of debates, listener and sophomore Vanessa McCoy called in to take advantage of the opportunity.

"The debates were a good forum to hear different sides of the issues," McCoy said. "I liked hearing student perspectives on issues which I usually hear only from 'grown-ups.' So many students are apathetic or ignorant about what is going on in the rest of the world, but the people debating actually knew what they were talking about."

Students can listen to WWMC at 91.5 FM on the radio or on campus by turning on any campus television to channel 27.

McGeorge also pleased with the feedback that he has received about the debate show.

"Because it's been such a success and because it's getting closer to the election, we're going to start promoting the show extensively," he said.

The enthusiasm of both political organizations to participate also impressed McGeorge.

"Ray [Tuttle] and I are really appreciative of the Republicans and Democrats to provide folks to talk during this and to participate," McGeorge said. "I think it's good for all the organizations involved."

Measures To Conserve Energy To Be Considered

◀ GREEN, page 1

measures. He said the physical plant is looking at a possible change from electric heating to gas while other buildings, such as Willard Hall, will have their windows replaced with more efficient units.

The university is also looking into energy management systems that would lower the amount of energy consumed by the heating and air conditioning units while the buildings are unoccupied at night or during breaks.

Other control measures focus on replacing or insulating older pipes, replacing the toilets on campus with more efficient versions, reduction of steam pressure on campus during the summer months while students are away, and the conversion of light fixtures on campus with more efficient units. The lighting changes alone could save up to \$100,000 per year.

"We're going to replace the old fluorescent lights with newer fluorescent lighting to get more efficiency out of them. The projections of savings are substantial," Sullivan said.

According to an interview with Richard Hurley, the university's chief financial officer, NORESCO's energy audit shows the panel what improvements could be made on the campus to save energy, what each of those

improvements costs, and how much those changes can save the school in utilities.

If the panel decides not to pursue the Energy Control Measures, the university will owe NORESCO \$144,000 for the energy audit, but so long as the university decides to go forward with the measures, the audit is free.

Once the university decides to pursue an energy performance contract with NORESCO, the bank the university selects will pay NORESCO on a monthly basis as the jobs are completed, Hurley said.

The total cost of the work will be known once contractors are selected by NORESCO. Once all of the energy control measures are in place, the University of Mary Washington will then repay the bank off of the energy savings.

"This is hopefully a win-win situation," Sullivan said. "We save energy which is good dollar wise, but it means we're saving gas, oil, and electricity which is good environmentally."

According to Sullivan, the panel will discern whether or not each control measure will be best all around and decide on them in November.

Once decisions are made, work will begin early in 2005 and will take anywhere from 16-18 months.

Mr. UMW Contest Off 2004 Homecoming Itinerary

◀ CONTEST, page 1

Republicans, said there would be no problem this year if a woman were to enter.

"The general understanding is that if a woman was to be elected by a particular residence hall, then she would be able to be in the competition," Lamar said. "At this point, no woman has entered."

Each residence hall and the University of Mary Washington apartments send one representative to compete each year. John Kelly, vice president of the College Republicans, said the proceeds from the show are used to raise funds for the University of Mary Washington College Republicans and, in support of October being Domestic Violence Awareness Month, approximately \$400 to \$500 goes to the Rappahannock Council on Domestic Violence.

This year 16 contestants are competing including males who will represent the all-female residence halls of Ball and Virginia hall.

Kelly said last year Virginia Hall's woman representative was rejected because she going to dress up as a man.

"Having a girl dress as a guy is not what it's about," Kelly said.

Ford said she was going to buy a muscle shirt and dress up like a man for fun, but thought that it would not be an issue. Ford said the Republicans went crazy about the idea of a woman dressing like a man.

"I couldn't do it because they thought it would be a mockery of the competition, when the event was already a joke itself," Ford said. "It was supposed to be funny not controversial."

This year the Mr. UMW contest will not be held during the three-day homecoming week due to a conflict with the Student Government Association, Kelly said. This is the first time in the event's six-year history that it will not be held during homecoming week.

Kelly said the Republicans agreed with the SGA executive board

that if a woman was elected from the residence halls then they would let them in. Kelly also said Tami Goodstein, director of the office of student activities, demanded that the show be fully co-ed and be called the Mr. and Mrs. UMW Pageant, which, in the opinion of the University of Mary Washington College Republicans and the Mr. UMW committee, would make the show impossible to create.

"It's a great Mary Washington tradition, there's no reason to run it," Kelly said. "We left, we didn't want any more to do with it."

Goodstein declined comment. "The College Republicans have their objectives and the SGA has theirs," Cedric Rucker, dean of student life, said. "I think students need to resolve those sorts of issues themselves."

Frank Pulso, president of SGA, said conflicts in communication can be attributed to the contest's absence from this year's homecoming. Pulso also said he received different answers from Lamar and Kelly about whether or not the contest was going to be included in this year's homecoming and rather than taking a risk of it not occurring during that week, it was removed from the homecoming schedule.

"I don't think anyone messed up and no one's to blame," Pulso said. "They still will have their event and we still have an awesome homecoming week. Hopefully next year it will be back."

The show was held on Wednesday at 7 p.m.



John Kelly and Andrew Lamar, backstage at the Mr. UMW Pageant.

Viewpoints

Editorial

Happy Birthday!

On Saturday, Oct. 9, Steve Watkins, associate professor of English and *Bullet* adviser, will be celebrating his fiftieth birthday.

Watkins, now half a century old and still liberal as ever, certainly deserves a round of applause for his accomplishments and hard work.

Watkins has been at Mary Washington for 15 years. For the same amount of time, he's been the adviser to *The Bulletin*—for no compensation and little recognition, except the intrinsic rewards of advising an award-winning college newspaper.

He's dealt with *Bullet* catastrophes, drama, and everything else imaginable in the last 15 years.

He's put up with the criticism that inevitably comes with being a part of a newspaper.

And he's constantly criticizing *The Bulletin* to make something that's good even better. Not a single misplaced comma gets by Watkins.

And on a broader scheme, he's been active in the campus community. Most notably, he organized last year's Save The Name Rally and committee.

Also, as Watkins frequently likes to tell his students, he wrote a book entitled "The Black O," which everyone should read.

He is selling it for five dollars, by the way.

Even though Watkins will probably have something negative to say because the editorial space this week is not dedicated to a controversial, hot-with-two-t's issue (like popped collars), we believe that it is important to recognize one of the coolest professors at the University of Mary Washington.

Have a wonderful, wonderful birthday!

You Are Not Superior



A student sports a popped collar, the style relating to the author's dismay.

This letter was written in response to "Collar-Pop Shows Class: Let's Keep It That Way" (Sept. 30, 2004, *The Bulletin*).

Dear Editor:

Although the issue of collar popping had outstayed its welcome, and has frankly become a ridiculous issue to waste time on, I felt one of the poor folks, or as Ms. Nicholson calls us, "lesser bred" of UMW should make a few comments.

Are you freaking kidding me? Is this what this university has come to? Do people actually feel that they are superior to one another by the clothing style they choose, or simply just feel they are superior for no reason whatsoever?

Sadly, the answer to this question is "yes" at good ole UMW.

It's apparent every day as I walk across campus, which is quite a far walk since that \$100 commuter parking decal bought me nothing but a wonderful parking spot in the middle of nowhere.

It's aparent when you feel you're too good to take a step behind the friend you're walking with and let a fellow student share the sidewalk instead of walking through the wet grass on these frequently occurring rainy mornings.

It sickens me that people actually feel this way, and as a native Fredericksburg citizen, I am ashamed to have people like you inhabit my community!

Consider this my own type of flipping, as Mike DeMetro says.

Amanda Pearson is a senior.

Please Don't Rock The Vote

If You Don't Know The Facts, Stay Away From The Voting Booth

This letter was written in response to "In November, Do Not Waste Your Vote" (Sept. 30, 2004, *The Bulletin*).

Dear Editor:

I have heard a number of celebrities and ambitious ad campaigns telling our generation to "rock the vote" and "choose or lose" in recent weeks.

For those of you convinced to participate in our democratic process by intellectual heavyweights like Drew Barrymore or P. Diddy, without clear political beliefs or knowledge, I have one request: please don't.

The entire notion of voting for the sake of voting strikes as a ridiculous exercise -- no matter how fuzzy it might make you feel inside to embrace your voice or responsibility.

Voting is an important process that involves a nuanced understanding of domestic and international politics, not a whimsical Tuesday morning activity for venting your feeling that "Bush is a tool" or "Kerry is a wuss." By my estimate, a majority of people at UMW don't deserve to vote. Alexander Hamilton had it right.

I'm sure that to many this may sound elitist (although I think the recent high-brow discussion of collar-popping makes me look tame), so I've designed a pop quiz for those of

you wondering if you know enough about politics to vote:

1. What are trade deficits? Are they good or bad for the economy?
2. Name the last three Democrats and Republicans to receive their party's nomination for the presidency.
3. What are the differences between the education plans of Bush and Kerry?
4. Name all of the countries with declared nuclear arsenals.

If you failed any of these questions, I suggest you skip the voting booth on November 2.

Clint Woods is a junior.

President Bush Is A Man With No Plan At All

By WILLIAM DEMAREST
Guest Columnist

President Bush keeps arguing that Kerry does not have one position on Iraq, nor does he have a plan to get us out.

First, this is pure politics with no factual base. Second, Bush is the one who constantly changes positions and lacks a real plan for Iraq.

At times, Kerry has misspoken and at times he has not been as hard-line anti-war as I might like; at least he admits his mistakes. But in fact Kerry has held one basic position: Saddam was believed to be a threat but prudence demands that we make sure we have all the facts, our position in the world demands that we secure the help and support of our allies and the United Nations and our safety demands we have a plan from start to finish.

President Bush promised, but did not deliver, these three things. The war was mistakenly entered and mistakenly run.

As far as being a war on terror it's "the wrong war, in the wrong place at the wrong time."

But we are there now, so let's fix the mistakes made. The plan to do so is: devote more money to training the Iraqis, gain more U.N. support to ensure legitimate elections.

We need to prove, not just say to the Iraqis we do not have long-term plans in Iraq. And we must close the borders to keep the terrorists out. This is in brief Kerry's position and plan for the war. Neither has changed.

Politics, government and the relations between nations in the world are complex, and Bush is a simple man. He does not understand the complexities of many issues and sees to statements which are not mutually exclusive such

as "wrong war," "grand diversion," "mistake of a war," and "our soldiers are not dying for a mistake," and voting for the war as being contradictions. I will grant that they seem paradoxical but that is a result of the complexities.

Iraq, when viewed as part of the war on terror, was the wrong war. It was a diversion from the war. And it was a mistake based on terror or WMDs. But that has changed as I will discuss more shortly.

So, our soldiers are not dying for WMDs or the war on terror but they are dying to free Iraq and replace a horrible leader. This is not a mistake. Now that we are there, it's a good thing to do. But the mistake is how we got there.

Furthermore, authorizing war is not the same thing as approving entirely. Bush made promises concerning the war and he did not uphold those

promises, such as war as a last resort and building allies before going to war.

Bush misled the public and the government. They voted to authorize given certain preconditions which Bush failed to meet.

The statements Kerry made are not contradictory. This misunderstanding and misleading, which is so common of the Bush campaign, is a result of their simple nature in a complex world (and those not simple use this politically though they may realize the lack of rationality but play on the public for political gain).

The real position-changer and plan-less candidate is President Bush. The war in Iraq was based on WMDs and links to terrorism and Sept. 11. But when there were no WMDs found, he declared he still would have gone because

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Features



A group of students gathered on Tuesday night to practice Jyoti Meditation. The theme of the night was random thoughts and how to push them out of your head when they come to you. Left to right: Lawrence Minetree, Holly White, Abbie Steele, Jessica Skinner, Emily Bowman and Emily Tetelman

Stephanie Twining / Bullet

Lose Stress Gain An Eye

Students Meditate to Clear Their Minds

By AMELIA MALONEY
Staff Writer

Last Tuesday, senior Camilla Ham handed out a Magic Eye illusion poster to the participants of her meditation club's meeting. She wanted them to see the hidden pictures, which she views as a metaphor for meditation.

The quote on the back of the cards said, "Hold your gaze. Keep trying! You're learning a new way to see, so be patient...it may take a little while."

This new way of seeing is like "switching channels from the outside world to within," Ham said. "We need to learn to adjust and tune out the static."

Ham began meditating with her parents as a child. She organized the Jyoti Meditation club at the University of Mary Washington in the spring of 2003, when she became more serious about meditation.

"I wanted to meet with and learn from others who are interested in meditation," Ham said. "Meditation is my anchor in life—it keeps me centered spiritually, and helps me stay more calm when unexpected things happen. It's so calming to know that whatever happens there is a private retreat, a place you can go inside yourself to get renewed and

refreshed."

Club meetings open with the reading of inspirational or meditation related quotes. This is generally followed by an activity to help improve focus or teach members to switch their internal focus.

"For whatever reason we meditate we see that it gives us a new, fresh perspective, a higher vantage point from which to view life and our problems," Ham said.

In order to achieve a meditative state one must focus energy at the third eye, the spiritual eye, located behind and between the eyebrows.

While focusing attention at the third eye, the practitioner mentally repeats a peaceful or spiritual word that holds personal significance. The purpose of silently repeating this word is to keep other thoughts from breaking one's concentration. As this mental repetition takes place in the back of the mind, full attention should be on

“We need to learn how to adjust and tune out the static.”
—Camilla Ham, senior

the internal gaze.

Practitioners are eager to dispel stereotypes associated with meditation. One does not have to abandon his or her religion to meditate. "Meditation is not specific to any religion. It's not as complicated as many people think it is," club member Emily Tetelman, a senior, said.

"Jyoti" means light in Sanskrit, and refers to the Divine Light of God that is spoken of in many of the world's scriptures.

"In this connection meditation is pure and simple," Ham said.

"Opening oneself and communing with a higher power, by whatever name we call it."

The Jyoti meditation is taught as a science, so it can be practiced by people of all faiths, cultures, or socioeconomic status.

"It is merely a process of adding meditation to one's existing lifestyle,

► See MEDITATION, page 5

Legal Herb, The New LSD?

By ANDREW STONE
Staff Writer

Salvia divinorum contains the world's most powerful known naturally-occurring hallucinogen. When smoked or injected it can sometimes produce vivid hallucinations and out of body experiences.

And because salvia is not listed under the U.S. Controlled Substances Act, it is also legal to grow, buy, and consume the plant in every part of the United States.

Commonly known as "salvia," the plant is sold locally at Natural Mystics on Prince Edward Street. The shop has been selling it for over a year.

"We sell a lot of it, at least several times a day," said Katarina Fletcher, who owns the shop with her husband Brian.

The price of the plant ranges from \$5 to \$50, depending on quantity and potency.

"It's definitely our most popular herb," she said.

Because salvia is unregulated, it is also theoretically legal to sell to minors, although Natural Mystics does not.

"I don't know of any law on [salvia] officially," Brian Fletcher said. "But our store policy and the recommendation from our supplier is to only sell to adults."

Salvia's legality is confusing to some, since it can produce many effects similar to currently banned substances. The plant has been used for hundreds of years by Indians native to the Oaxaca region of Mexico to induce visions. Only within the past

decade has the plant become popular in the U.S.

In 2002, a bill that would have federally regulated Salvia by placing it on Schedule I of the Controlled Substances Act was introduced into the U.S. Congress.

The bill was not acted upon before Congress adjourned, and no further attempt has been made to federally legislate the plant.

Because Salvia is so new to the United States, very few studies have been done on its effects.

User experience can vary greatly, ranging from little to no effect to full-blown hallucinations, confusing sensations, and deep contemplation. The Drug Enforcement Administration has listed Salvia as a "Drug of Concern," but still has yet to do a substantial study on the plant.

Up to this point, much of the research has been anecdotal. The DEA has cited several habitual users as having experienced hallucinogenic "flashbacks," but very little is known about how the drug interacts with the brain or what the long-term effects are.

There have been no substantiated reports of dangerous encounters with the plant, although distributors of the herb recommend that users have a "babysitter" on hand the first time they use it to monitor behavior.

One University of Mary Washington sophomore, who spoke on the condition of anonymity, has tried Salvia in the past.

"It was pretty intense," she said. "But it only lasted two minutes. It felt like my head was being turned to the left and I

► See SALVIA, page 5



Courtesy www.cahuinadencul.com.ar

Salvia, a plant in the mint family, is known to produce hallucinogenic effects in users.

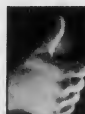
Thumbs Up... Thumbs Down...



To Fall Break this weekend!



To making an embryonic ball of cells sound like a toddler on the Spirit Rock.



To Shelby, for being a cool dog.



To midterms.

Send your own thumbs to bullet@umw.edu

Meditation Puts Mind Over Matter

4 MEDITATION, page 4

whatever that may be, and experiencing its benefits in all aspects of life," Ham said.

Senior Mike Hoover, who has been meditating since his freshman year, says the benefits he has received are twofold.

"[Meditation] helps me personally in specific situations, like concentration in classes, and also in an overall sense of calm that I have all the time," he said. "It helps me put a lot of things in perspective."

Senior Jessica Skinner, who began meditating last spring, agrees.

"Last year I had a full load of classes both semesters and worked two jobs and got the best GPA's of my college career because of meditating," she said. "It really helped me focus and not freak out about the small stuff."

According to the Science of Spirituality website, those who meditate regularly have higher attention spans and greater ability to focus. Practitioners have a more relaxed all around attitude, and are physically better off because they do not suffer from stress related ailments.

"I deal with anxiety and depression, and meditation is something that can really help sufferers chill out," said junior Sarah Lintelman.

Some students find it beneficial to meditate several times in a week.

"I have this habit of making myself so completely stressed out over homework and tests and everything else that I forget to take time for my own well being," said sophomore Lara Wilk. "Tuesday's meditations are an awesome break from Mondays 'cause everyone knows they're rough...and Friday's meditation is such a fabulous cool down from the week for the weekend."

Even students who are experienced in the practice of Jyoti meditation are always discovering new things about themselves and their surroundings.

"I know I still have so much to learn about meditation," Hamsaid. "And the beautiful thing to me is how, no matter what stages or levels we are at, meditation can benefit us wherever we are in our lives."

Ham believes that the teachings of Jyoti meditation can have a positive effect on the world.

"As we enjoy the benefits of meditation, we'll be more peaceful in our day to day lives," she said. "This peace radiates to all those around us, just a ripple on a calm lake. Though it starts small, the effects go on and on, and we are adding that much more peace into the world."

Senior Camilla Ham and sophomore Becky McCrosky sit in meditation. Ham started the Jyoti Meditation club on campus in 2003 and the club continues to grow in popularity.



Stephanie Twining / Bullet

The Jyoti Meditation club meets every Tuesday in Dupont 313 from 7:30 p.m. to 8:30 p.m.

For more information contact Camilla Ham at chamx0gk@umw.edu.



Andrew Stone / Bullet

Natural Mystics is a store in downtown Fredericksburg where salvia is sold.

Hallucinogen Sold Downtown

4 SALVIA, page 4

couldn't move it back."

Another user, a senior at the university, said she was at the river, but the effects of the drug made her think she was in a storybook.

"You perceive things differently," she said. "Maybe I see you, but you're not you, you're a machine. It's a different interpretation of objects."

Despite Salvia's increasing popularity in some communities, it remains uncertain if the plant will ever gain mainstream attention.

According to a report done by ABCNews.com, those offering salvia for sale, and even those researching it, are reluctant to draw widespread attention to

the herb.

They say the publicity could cause two negative effects.

One is that it might attract users looking for a new "recreational drug," which they strongly believe salvia is not.

Also, it could prompt the DEA to take action against it before fully researching the plant.

While legal, relatively inexpensive and readily available on the internet, Salvia has some drawbacks that may stand in the way of popular use.

For one thing, the potency of any individual plant or leaf can vary, and many users report feeling nothing at all.

The DEA reports that although salvia's active hallucinogen, salvinorin A, can be extracted and ingested orally. This method causes the effects of the herb to be delayed.

Additionally, the typical experience with salvia lasts only between 10 and 20 minutes, and sometimes even less as opposed to LSD which can last over an hour, according to DEA reports.

The DEA also believes that since salvia can produce profound introversion, it is unlikely to become popular at large social events like parties or raves.

The plant is a "cultigen," meaning it does not occur naturally in the wild and only exists because of human cultivation efforts. As a result, salvia is difficult to grow.

Salvia's current legal status parallels the early history of such drugs as LSD and cocaine.

For instance, LSD was first synthesized in 1938, and for the next thirty years it was legal to use in the US due to the fact that no laws had been created to regulate it.

LSD was only outlawed when it began to rise in popularity with members of the '60s counter-culture.

Salvia faces many of the same circumstances today. One of the deciding factors in whether salvia will become controlled any time soon is its level of use.



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Scene



Mary E. Johnson/Bullet

Above: The members of Invoice. Left: Senior Connor Hannigan and Junior Nam Duong.

Invoice Crazy About Chipotle Burritos

By STEPHANIE YOUNG
Staff Writer

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"It was really fun getting together and doing something goofy in a public place, and it was good fun for the group. The whole point was just to have fun," said Adam Bellacicco, a senior economics major, and the vice-president of Invoice, Mary Washington's first all-male a cappella group.

The video was one of Invoice's smaller projects. It reflected the attitude of the entire group.

"We just try to have as much fun as we can," Bellacicco said.

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"The whole concept was Dom's brainchild; he's a good director," Bellacicco said. "The video is just part of the concert that adds a lot. The singing is fun but the video makes it extra special, and fun for our family and friends."

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"They handle the rights for almost every label and you buy the rights for about \$90 a song," Darrell said.

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The Invoice Fall Invitational concert will be held on Nov. 18 in the Lee Hall Ballroom at 8 p.m. They will also hold auditions again in the spring and are always looking to recruit new guys.

Their fans love watching them perform as well.

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By BETH WINGARD
Assistant Scene Editor

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"I think one benefit [of activities outside of the classroom] is that students get to see their professors as people with wide-ranging interests," Kennedy said.

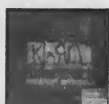
Students were also impressed at the talent of their fellow majors. Junior Ryan Little and senior Brian Doyle also picked up guitars and played a few songs.



Courtesy Charmayne Staloff

Friend of visiting assistant English professor Brady Earnhart, Earnhart, seniors Charmayne Staloff and Chelsea St. Clair, band member, and English professor Dr. Teresa Kennedy.

► See CRANKY YANKEE, page 7



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All CD cover art courtesy of allmusic.com

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Courtesy imdb.com



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Police Pull Over Student Due To Prize Possession

By JANNA LEVIN
Staff Writer

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They spent over \$1000 in prizes for the event. The prizes ranged from a DVD player and nostalgic childhood board games to positively bizarre offerings, such as a new vacuum cleaner and a bucket full of cleaning supplies.

Costumes were also a hit at the event.

The Classics Club decided on a Greek theme, in honor of the Olympics, and many of the organizers came decked out in togas. The club even came up with a motto: "Salvior, Sapientior, Sobrior." It is Latin for "Safer, Wiser, Sober." From 4 p.m. to 7 p.m. Ball Circle was the scene of much sober merrymaking.

Local bands Avian and Sidetracked provided great tunes, and the games were quite original: beer goggle twister, chubby bunny, and three different opportunities to drench friends with water balloons. Students seemed pleasantly surprised, if not downright thrilled.

Ball Hall president junior Ashley Leeman called the event "a lot of fun." She had been looking forward to "seeing what all the dorms came up with this year."

ARH President and organizer Ianne Leal explained the need for Not So Thirsty Thursday.

"People on this campus don't always realize that there are other options [besides drinking]," Leal said. "Virginia Hall has a movie night every Friday night. A lot of freshmen feel pressured into drinking to fit in, so we're trying to give them better choices that are healthy and still fun. Not So Thirsty Thursday is a variation on a Mary Washington tradition. We used to have Friday Night Dry, but Ball Circle was booked, so Not So Thirsty Thursday was born."

Unlike most events, Shankle said, the prizes would be auctioned off to those with the most



Katie Teller/Bullet

**Junior Elise Tobin playing
marshmallow pong at Not So
Thirsty Thursday.**

tickets, which they could win by playing the many carnival-style games.

The games themselves were easily the highlight of the event. Custis had the most delicious, a cake walk featuring neon-hued splatter-decorated cakes baked by Hall Council Vice President sophomore Stephanie Barnes.

Alvey's game was also tempting because it was a "drunken" donut on a string, featuring dangling mini Krispy Kremes. Virginia Hall's activity involved being spun around and hurling water balloons at the residents.

Bushnell residents offered marshmallow pong, which was a bit easier than beer pong because players' coordination improved after a few rounds.

Marshall was the only residence hall to have live animals, though. Hall Council members made a journey to PetSmart to buy dozens of 13-cent feeder goldfish, which could be won by tossing pingpong balls at a formation of cups.

Students had nothing but appreciation for the organizers of Not So Thirsty Thursday.

Junior Paloma Bolansy, munching on a slice of chocolate cake she won at the Custis Cake Walk, called Not So Thirsty Thursday "one of the best events on campus."

Homecoming Festivities

Wed. Oct. 13:

4 p.m. - 6 p.m. Scavenger Hunt

8 p.m. Lip Sync Contest

Thurs. Oct. 14:

4 p.m. - 6 p.m. Volleyball Tournament in

Ball Circle

7 p.m. - 9 p.m. Bonfire

Fri. Oct. 15:

6 p.m. Parade Down College Ave.

9 p.m. Homecoming Dance

Sat. Oct. 16:

6:30 p.m. Concert featuring Graham Colton Band

9 p.m. Fireworks

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Get a slice of pizza, side salad, and a fountain soda at Pete's Arena
Get 1/2 sandwich, soup, and a fountain soda at the Deli

Dinner Specials (\$4.20):

Mesa Jakes: taco salad, piece of whole fruit, fountain soda
Original Grill: chicken nuggets, fries, fountain soda
Pete's Arena: calzone, fountain soda
Deli: a 6 in sub, fountain soda

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Socializing In And Outside Of The Classroom

4 CRANKY YANKEE, page 6

"It's events like these that show that [professors] are really just older versions of ourselves," senior Sam Wood said. "They sing, dance, party, and drink with the rest of us."

However, the event was also an opportunity for ELS majors to meet other majors. In a department that now has over 350 students, social events are a good opportunity to get to meet other students with shared interests.

"I think it's really important that the majors get to know each other because it's a great way to make new friends in the department," said senior Charmayne Staloff.

Many students recognized one another but had never spent time together outside of the classroom. Staloff gave an example of officially meeting another student who is in her Shakespeare class.

"I just found out that she sings opera," Staloff said. "And drinks like a fish."

The ELS is not the only department to have social activities. Many departments have picnics or other activities that allow students and professors alike to kick back and relax for a few hours.

Distinguished professor of History and American Studies, William Crawley for example, routinely has students over to his home for meals.

"It gives you a better attitude in the classroom when you have to interact with the faculty member in a non-academic setting," senior Lisa Baker said of dinners at Crawley's home.

However, not all students choose to, or are able to attend these events making some feel left out.

"I am sad that I couldn't attend the English majors' party at Cranky Yankee," senior Katie Noesner said. "I missed all the drunken English professor mayhem."

Scene



Above: The members of Invoice. Left: Senior Connor Hannigan and Junior Nam Duong.

Mary E. Johnson/Bullet



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Costumes were also a hit at the event.

The Classics Club decided on a Greek theme, in honor of the Olympics, and many of the organizers came decked out in togas. The club even came up with a motto: "Salvior, Sapientior, Sobrior." It is Latin for "Safer, Wiser, Sober." From 4 p.m. to 7 p.m. Ball Circle was the scene of much sober merrymaking.

Local bands Avian and Sidetracked provided great tunes, and the games were quite original: beer goggle twister, chubby bunny, and three different opportunities to drench friends with water balloons. Students seemed pleasantly surprised, if not downright thrilled.

Ball Hall president junior Ashley Leeman called the event "a lot of fun." She had been looking forward to "seeing what all the dorms came up with this year."

ARH President and organizer Ianne Leal explained the need for Not So Thirsty Thursday.

"People on this campus don't always realize that there are other options [besides drinking]," Leal said. "Virginia Hall has a movie night every Friday night. A lot of freshmen feel pressured into drinking to fit in, so we're trying to give them better choices that are healthy and still fun. Not So Thirsty Thursday is a variation on a Mary Washington tradition. We used to have Friday Night Dry, but Ball Circle was booked, so Not So Thirsty Thursday was born."

Unlike most events, Shankle said, the prizes would be auctioned off to those with the most



Katie Teller/Bullet

**Junior Elise Tobin playing
marshmallow pong at Not So
Thirsty Thursday.**

tickets, which they could win by playing the many carnival-style games.

The games themselves were easily the highlight of the event. Custis had the most delicious, a cake walk featuring neon-hued splatter-decorated cakes baked by Hall Council Vice President sophomore Stephanie Barnes.

Alvey's game was also tempting because it was a "drunken" donut on a string, featuring dangling mini Krispy Kremes. Virginia Hall's activity involved being spun around and hurling water balloons at the residents.

Bushnell residents offered marshmallow pong, which was a bit easier than beer pong because players' coordination improved after a few rounds.

Marshall was the only residence hall to have live animals, though. Hall Council members made a journey to PetSmart to buy dozens of 13-cent feeder goldfish, which could be won by tossing pingpong balls at a formation of cups.

Students had nothing but appreciation for the organizers of Not So Thirsty Thursday.

Junior Paloma Bolasny, munching on a slice of chocolate cake she won at the Custis Cake Walk, called Not So Thirsty Thursday "one of the best events on campus."

Homecoming Festivities

Wed. Oct. 13:

4 p.m. - 6 p.m. Scavenger Hunt

8 p.m. Lip Sync Contest

Thurs. Oct. 14:

4 p.m. - 6 p.m. Volleyball Tournament in
Ball Circle

7 p.m. - 9 p.m. Bonfire

Fri. Oct. 15:

6 p.m. Parade Down College Ave.

9 p.m. Homecoming Dance

Sat. Oct. 16:

6:30 p.m. Concert featuring Graham Colton Band

9 p.m. Fireworks

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Get a chicken party sandwich, chips, and
a fountain soda at Original Grill
Get a slice of pizza, side salad, and a
fountain soda at Pete's Arena
Get 1/2 sandwich, soup, and a fountain
soda at the Deli

Dinner Specials (\$4.20):

Mesa Jakes: taco salad, piece of whole
fruit, fountain soda
Original Grill: chicken nuggets, fries,
fountain soda
Pete's Arena: calzone, fountain soda
Deli: a 6 in sub, fountain soda

Socializing In And Outside Of The Classroom

4 CRANKY YANKEE, page 6

"It's events like these that show that [professors] are really just older versions of ourselves," senior Sara Wood said. "They sing, dance, party, and drink with the rest of us."

However, the event was also an opportunity for ELS majors to meet other majors. In a department that now has over 350 students, social events are a good opportunity to get to meet other students with shared interests.

"I think it's really important that the majors get to know each other because it's a great way to make new friends in the department," said senior Charmayne Staloff.

Many students recognized one another but had never spent time together outside of the classroom. Staloff gave an example of officially meeting another student who is in her Shakespeare class.

"I just found out that she sings opera," Staloff said. "And drinks like a fish."

The ELS is not the only department to have social activities. Many departments have picnics or other activities that allow students and professors alike to kick back and relax for a few hours.

Distinguished professor of History and American Studies, William Crawley for example, routinely has students over to his home for meals.

"It gives you a better attitude in the classroom when you have to interact with the faculty member in a non-academic setting," senior Lisa Baker said of dinners at Crawley's home.

However, not all students choose to, or are able to attend these events making some feel left out.

"I am sad that I couldn't attend the English majors' party at Cranky Yankee," senior Katie Noesner said. "I missed all the drunken English professor mayhem."

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News

Anthropologist Speaks On Harassment In Corporate Culture, Department Stores

By STEPHANIE TAIT
Assistant News Editor

Sears Roebuck and Co. uses the slogan "The Good Life at a Great Price" in its advertising campaign. However new research has discovered that the "life" a Virginia Sears store offers its female employees is anything but "good."

The culture club at the University of Mary Washington invited Steve Sharp, an anthropologist from Dallas, Texas, to speak to students regarding gender-biased harassment in corporate culture.

Sharp spoke to over 20 students Wednesday night about how management figures in a particular Virginia Sears store have been using gender biased harassment to intimidate female employees into boosting their service contract percentages.

Margaret Huber, distinguished professor of sociology and anthropology, is a long-time friend of Sharp's and asked him on behalf of the culture club to speak on campus. According to Huber, the sociology and anthropology department, the Campus Academic Resources Committee and the business administration department helped to pay the \$700 honorarium and travel expenses for Sharp.

"First-hand accounts of social life are always valuable and to be preferred to speculation," Huber said. "Most of us shop at places like Sears. Few of us know much about society on the other side of the cash register."

Upon hearing of the harassment taking place at Sears, Huber said she "found [Sharp's] description illuminating and appalling."

"What he claims is deliberate management harassment of

employees, especially women employees, is appalling," Huber said. Jacqueline Henderson, president and co-founder of the culture club, was pleased with how Sharp conducted his presentation.

"I thought he conducted it very much like an ethnologist," Henderson said. "I enjoyed it. I think other people did, too."

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Dan Coe/Bulletin

Dr. Steve Sharp, an anthropologist from Texas, spoke to university students last week about gender biases in Sears.

Commission's Web site says, "under Title VII of the Civil Rights Act of 1964, the Americans with Disabilities Act (ADA), and the Age Discrimination in Employment Act (ADEA), it is illegal to discriminate in any aspect of employment. Discriminatory practices under these laws include harassment on the basis of race, color, religion, sex, national origin, disability, or age."

The EEOC Web site also said "Title VII's broad prohibitions against sex discrimination specifically covers sexual harassment. This includes practices ranging from direct requests for sexual favors to workplace conditions that create a hostile environment for persons of either gender, including same-sex harassment."

Sharp said "frustration or anger are not strong enough terms" to define his feelings about the lack of legal action he can take on behalf of the Sears employees.

"I find my inability to stop the harassment through either Sears or the government of Virginia a source of enduring bitterness," Sharp said.

In an e-mail, Sharp said "harassment is plentiful within the company but far from universal. This case was extreme in its overtness. Much of the harassment is more subtle. I can not and would not say this type of behavior characterized either the store or the company but this case was too extreme not to write about."

Robert Cox, the current general manager of the Sears store in Sharp's research said, "Sears does not tolerate harassment in any shape, form or fashion."

"The company does not tolerate [harassment] and neither do I," Cox said.

Sharp said "all but one of the managers have changed" since he ended his research two years ago and the manager he called TMS has since retired.

According to Sharp, he is compiling his research into a book. His prospective book, "Penny Dumb, Pound Dumber: Corporate Culture and the Dying of an American Retail Icon," is scheduled to be out on shelves in two years.

House On Corner Of College May Be Used As Women's Retreat

◀ HOUSE, page 1

guidelines," Raymond P. Ocel, director for the planning commission of Fredericksburg, said.

Ocel reviews the special-use permits, makes a recommendation, and then the decision goes to the City Council.

"[Vinal's] intent is to operate a women's retreat center even after I told her it wasn't a permitted use," Ocel said. "You need a special permit to operate a bed and breakfast within a residential district."

The City Council turned down Vinal's request on Sept. 29. Vinal summed up her reaction to the City Council's decision in one word: devastation.

"My plans originally were to buy the property and live there and then apply for the permits," Vinal said. "I didn't expect all the publicity and all the things that happened. It wasn't part of my agenda. I kind of wanted to come into town and move into the house and get to know my neighbors. My plan was not to go ahead and try to seek all this approval from the town before I was established in the town."

Some members of the community did not support the idea of a bed and breakfast in the College Heights area from the beginning. College

Heights consists of the homes facing north of College Avenue to U.S. Rt. 1 and on the other side of College Avenue down to Kenmore Park.

Neighbors and members of the College Heights Civic Association fear that this bed and breakfast could lead to more commercial expansion in the area.

"It was built as a single family dwelling, it should stay a single family dwelling," said Clyde Matthews, president of the college heights civic association. "We do not want any commercial property along Rt. 1, we don't want any more commercial property in College Heights. We don't object to what Ms. Vinal wants to do, we just object to where she wants to do it."

If Vinal acquires the permits in the future, she intends to model this retreat after an organization called Mentoring Mansion located in Youngstown, Ohio. Mentoring Mansion is a retreat for church-going women to relax and spend time focusing on their homemaking skills.

Programs in home decorating, home organization, hosting and improving relationships are some things the Mentoring Mansion focuses on.

"It was going to be the second Mentoring Mansion," Vinal said. "My plan was a much more relaxed Mentoring Mansion—more the retreat kind of, you know, peaceful environment. Always learning knowledge is wonderful, and having a fun time too." Vinal hopes to someday offer classes at her home.

"A big thing for me is nutrition," Vinal said. "I would like to do some cooking classes and nutrition classes."

Vinal's other ideas for the center include a mother-daughter weekend, and possibly a newlywed bride event.

Bonnie DeLelys, owner of the Richard Johnston Inn, located

on Caroline Street, supports Vinal's proposal.

"I think it would be an asset to the community, especially as far as bringing an upscale business into Fredericksburg," DeLelys said.

Supporters of Vinal argue that College Heights is already a mixed-use area. There are churches, a university, athletic fields, apartments and dentist office, all in the immediate area.

Judy Johnson, a Real Estate agent and resident of College Heights, believes Vinal's proposal will only benefit the community.

"Why not embellish and enjoy Fredericksburg?" Johnson said. "People are modeling this area...this is what the consumer wants."

In regard to a commercial business, Vinal and her supporters believe the clientele of the bed and breakfast will be respectful to the area, and take pleasure in touring downtown Fredericksburg.

It may be some time before Vinal gets settled

into her new home. The closing of house was planned for on Oct. 4, but will be extended another month to Nov. 1.

"It was a lot of money to put together. We've had delays on my properties up here [in Massachusetts]. I sold two beautiful properties up here to do this," Vinal said in regard to the closing. "I'm definitely under agreement for this house—I'm going forward no matter what. As long as the builders continue to cooperate as they have done so graciously, I will continue to go forward with or without the town."

The recent decision of the City Council is upsetting to Vinal, but she is thinking positively.

"Maybe if the neighbors got to know me, it would have been different," Vinal said. "If I got to know the neighbors and the community I really think things would have been different. And I'm hoping they will be once I get there."

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Photo courtesy Judy Johnson

A front view of the house on the corner of College Avenue and William Street which may be turned into a "Mentoring Mansion."

Viewpoints

Bush's Stump Speech Stumps Many

By THOMAS ALLISON
Guest Columnist

Even with 24-hour television news channels, syndicated national newspapers and the wealth of political information found on the internet, the stump speech is still an integral part of any political campaign.

Candidates go around the country performing the same speech that outlines their political ideologies and typically slams their opponent. All of these events are scripted to a certain degree, but President Bush has raised the paeantry to a new level.

Candidates usually vary their speeches from place to place, but after perusing the various scripts from whitehouse.gov (Not .com, different internet experience), Bush remains consistent.

On television you'll see hundreds of smiling enthusiastic railers applauding our president. During the question-and-answer sessions at most rallies, no reporters are allowed to ask questions. Only pre-screened supporters who submit questions beforehand are allowed to speak. Take this hard-hitting, in-your-face question:

MAN: I have three thank yous.
THE PRESIDENT: Thank you.
MAN: One, thank you for your availability to serve.

THE PRESIDENT: Thank you, sir.
MAN: Two, your candle is burning brightly.
THE PRESIDENT: Thank you.

MAN: And three, thanks for accepting the call and answering the call to work for what's right in the country and in the world.

Wow, it must be really hard to be held up to public scrutiny like this. But as mentioned above, since all stump speeches are scripted to a degree, I suppose we shouldn't hark on this subject.

What is important however, are the issues raised in the speech itself. From prescription drugs to the War on Terror, we have experienced an unprecedented simplification of the issues.

Bush gave you a prescription drug benefit. It doesn't matter if the programs are too difficult to follow or that it's unclear if seniors can really save money while getting the drugs they need.

In his speech, Bush says "if you have a job...if you're married or have children...John Kerry wants to raise your taxes."

In actuality, Kerry has stated that as president, he will "end corporate welfare as we know it and roll back the Bush tax cuts for the wealthiest Americans." The Kerry-Edwards economic plan found on johnkerry.com and various news sources as well, never mentions a tax increase for middle-class Americans.

As far as social issues are concerned, the simplification continues: "We stand for marriage and family which are the foundations of society." Unfortunately, people have varying views on what marriage and family mean to our society.

Britney Spears, a cultural icon, legally married

and annulled her marriage in one night. Half of all marriages end in divorce.

This is the foundation of our society? Why do we pretend that marriage is still a holy sacrament in our legal system?

By barring a homosexual couple from the pursuit of love, marriage and happiness because it might somehow interfere with the impeccable institution of marriage, and hiding your actions behind rhetoric of family values is obscene and bigoted, and it simplifies the issue by omitting key perspectives.

The list goes on and on. "We stand for the second amendment." The statement insinuates that the opponent John Kerry wants to take your guns away, when really, it's just the gratuitous Uzis, AK-47's, M-16's, and Tec-9's that in many areas are illegal for hunting anyway.

"And against activist judges that legislate from the bench." True, judges don't have the power to write new laws, and I'm also opposed to mayors that ignore laws because they disagree with them.

However, the judiciary has every right to decide if an activity is protected by the Constitution. The executive should acknowledge this.

These are all complicated issues, and gay marriage does seem to be a particularly divisive one.

But where Bush's new stump speech moves beyond simplification and into the realm of

fabrication is his content on Foreign Relations.

Bush claims that if Kerry had his way, "Saddam would still be in power and be a threat to our security and the world."

Well, a year and a half later, no WMD's have been found, the bipartisan Sept. 11 commission and Colin Powell have separately stated that there was no connection between Sept. 11 and Iraq. Pakistan last year revealed that a top scientist had sold secrets to every rogue nation except Iraq. Richard Clark, resigned anti-terrorism adviser, says in his book *Against All Enemies* that Bush came into his office shortly after Sept. 11 and asked Clark to find the link between Iraq and Sept. 11.

I'd say that the jury really isn't still out on this one, and it's pretty clear that Iraq is not and never should have been included in the war on terror.

Bush always ends his new speech with his cornerstone issue: the attacks of Sept. 11 themselves. He says that he'll "defend America, whatever it takes."

Well, if "whatever it takes" means lowering taxes while expenditures skyrocket, putting dangerous weapons on the street, restricting civil rights of people based on their sexual orientation, and attacking a sovereign nation that doesn't appear to have been causing a threat to us, then maybe Rush Limbaugh is right about people like me: I'm just un-American.

Thomas Allison is a sophomore.

Mary Washington Is The Same As Ever

By ANNE CLAIRE SHILTON
Guest Columnist

Though the exit off Interstate 95 was the same and the traffic down there just as bad as always, I was afraid I might be a little bit lost coming back to Mary Washington this fall.

Things were changing. A new roommate, new classes, my best friend in India for the semester, and as the newly changed UMW signs along I-95 glaringly reminded me, I was essentially at a new institution.

As we left last spring the administration kept reiterating first that this change was going to be huge, "a big step for the college and community" while still somehow insisting that nothing about the place would change.

And as the cynical sociology major I am, I wasn't really sure which to believe. Would I be lost at this "new and improved" Mary Washington, among the sea of new applicants it promised to bring in and new grad programs it sought to offer? Where would I fit into all of this?

Upon arrival, I found I was far from lost. As I walked down campus past passing the state southern architecture and old shady trees, I knew exactly where I was.

As I passed familiar faces, played the what-animal-did-that-come-from game at Seabeck and watched the clock through a 9 a.m. class, I realized that I was never even close to lost at all, and that nothing ever really changed.

In fact, if anything, I think it is the administration who borders on being lost.

As I fight to get into classes because we won't hire more professors, and lose my violin teacher—the one who drew me to this school originally, I find myself looking jadedly at the bright shiny new UMW signs.

While I am certainly glad the administration is making it crystal clear that we are not back at our beloved MWC anymore, I can't help but wonder if that money could have been spent slightly more wisely.

So to the administration, I'm proposing to draw you a map, because I fear you are losing sight of the direction of this institution.

Start with education, take a left at quality and a right at integrity.

Bypass the bell tower and continue on until you reach higher learning.

You'll find the students you want there, at the Mary Washington they know and love.

Anne Claire Shilton is a junior.



Emily Sala-Bullet

A sign on U.S. Rt. 1 points visitors to the University of Mary Washington.

Obey The Pool Rules; Don't Be A Fool

By HOLLY WHITE
Guest Columnist

Every year, at the start of a new school year, freshmen discover Mary Washington's campus.

In most places, the freshmen do their best to fit in and acclimate themselves to their surroundings.

However, some freshmen make their presence most noticeable in an unlikely place: the pool.

Most swimmers, athletes and students just looking to work out, follow certain etiquette

while they are in the pool. Three general rules apply—first, always ask before getting in someone's lane. Secondly, don't take another person's kickboard, and thirdly, there should be no more than three swimmers in a lane at one time.

Some freshmen do not seem to understand any of these rules.

Recently, I had a horrific experience at the pool in which, at one point, I shared my lane with five freshmen. Not one person waited for an open lane, or asked me if they could get in my lane.

I could tell these were freshmen girls because they violated the cardinal rule of the pool: never wear a string bikini and club earrings to swim laps.

In this regard, freshmen girls are a dead giveaway. No upperclassmen female swimmer would wear anything but a one-piece bathing suit.

So freshmen girls, take heed, invest in a one-piece. You can't get a tan in an indoor pool.

Another issue I have with freshmen just discovering the pool is the way they equate the pool with a place to socialize, hang out and

cause a general ruckus.

Again, it is not your neighborhood pool. It is not a place to pick up the opposite sex or show off your cannonball abilities.

It's like going to the gym to sit on the stairmaster while you talk to your friend sitting on the treadmill.

The pool is a place to work out, so please be respectful to all its patrons.

Follow the three rules, be patient and wait your turn. Thank you.

Holly White is a graduate student.

Bush Has No Plan At All

4 From BUSH, page 3

Saddam was a threat. Then it's determined by independent political analysts that Saddam was not a threat and his government was collapsing. So the Bush administration changed tactics to "free Iraq."

The Bush administration has changed their position constantly as the truth has come out. We must remember this. Bush is deflecting this fact by claiming it to his opponent. The one consistency is that he hated Iraq and Saddam but whether it was anti-WMDs, terrorism, and national safety or to free Iraq, is ever-changing with this administration.

Within the debate, Bush used all of these excuses. Ultimately, it can not be all of these from the beginning, so it's clear the Bush

administration has changed its position as the facts and politics change.

Perhaps even worse is their arrogance in not admitting this or their errors.

The Bush administration suffered from tunnel vision when entering Iraq.

It had one goal: not to find WMDs, but to get rid of Saddam, and ignored the United Nations, the evidence contrary to what they wanted and ignored the possible effects.

The administration rushed into Iraq with no clear plans. It ignored doctrines from Bush's father's administration.

And it is now in an unexpected situation. Bush never created an occupation strategy and likewise has no exit strategy.

Kerry was right, and one might notice Bush's only response was to attack Kerry's character

and not to prove his strategy, not a valid rebuttal, because he doesn't have one, when he said Bush's plan was "more of the same."

That's not a plan, and that won't get the job done. That led us into this quagmire, and is doing nothing to stem the cost. More

soldiers are lost every month and each month, worse than the one before.

"More of the same" has gotten us into bad

situations with no real plan to get out. Kerry has a plan, Bush does not.

The Bush campaign uses these attacks to preempt them from being used on him. Ultimately, the Bush administration is the true position-changer and it lacks the clear plan for Iraq.

If Kerry's plan is right, I don't know. I do know, however, that "more of the same" hasn't been right and there is no basis to believe it will be right.

The current president has no real plan, a far worse proposition than a possible unsuccessful plan.

Especially when we can at least trust Kerry to admit mistakes and fix them, like he did after Vietnam, versus Bush whose optimism blinds him of the truth and of his mistakes.

If you don't admit mistakes, how can you be trusted to fix them?

William Demarest is a senior.

News

Anthropologist Speaks On Harassment In Corporate Culture, Department Stores

By STEPHANIE TAIT
Assistant News Editor

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Dan Cox/Bullet

Dr. Steve Sharp, an anthropologist from Texas, spoke to university students last week about gender biases in Sears.

Commission's Web site says, "under Title VII of the Civil Rights Act of 1964, the Americans with Disabilities Act (ADA), and the Age Discrimination in Employment Act (ADEA), it is illegal to discriminate in any aspect of employment. Discriminatory practices under these laws include harassment on the basis of race, color, religion, sex, national origin, disability, or age."

The EEOC Web site also said "Title VII's broad prohibitions against sex discrimination specifically covers sexual harassment. This includes practices ranging from direct requests for sexual favors to workplace conditions that create a hostile environment for persons of either gender, including same-sex harassment."

Sharp said "frustration or anger are not strong enough terms" to define his feelings about the lack of legal action he can take on behalf of the Sears employees.

"I find my inability to stop the harassment through either Sears or the government of Virginia a source of enduring bitterness," Sharp said.

In an e-mail, Sharp said "harassment is plentiful within the company but far from universal. This case was extreme in its overtness. Much of the harassment is more subtle. I can not and would not say this type of behavior characterized either the store or the company but this case was too extreme not to write about."

Robert Cox, the current general manager of the Sears store in Sharp's research said, "Sears does not tolerate harassment in any shape, form or fashion."

"The company does not tolerate [harassment] and neither do I," Cox said. Sharp said "all but one of the managers have changed" since he ended his research two years ago and the manager he called TMS has since retired.

According to Sharp, he is compiling his research into a book. His prospective book, "Penny Dumb, Pound Dumber: Corporate Culture and the Dying of an American Retail Icon," is scheduled to be out on shelves in two years.

House On Corner of College May Be Used As Women's Retreat

◀ HOUSE, page 1

guidelines," Raymond P. Ocel, director for the planning commission of Fredericksburg, said.

Ocel reviews the special-use permits, makes a recommendation, and then the decision goes to the City Council.

"[Vinal's] intent is to operate a women's retreat center even after I told her it wasn't a permitted use," Ocel said. "You need a special permit to operate a bed and breakfast within a residential district."

The City Council turned down Vinal's request on Sept. 29. Vinal summed up her reaction to the City Council's decision in one word: devastation. "My plans originally were to buy the property and live there and then apply for the permits," Vinal said. "I didn't expect all the publicity and all the things that happened. It wasn't part of my agenda. I kind of wanted to come into town and move into the house and get to know my neighbors. My plan was not to go ahead and try to seek all this approval from the town before I was established in the town."

Some members of the community did not support the idea of a bed and breakfast in the College Heights area from the beginning. College

Heights consists of the homes facing north of College Avenue to U.S. Rt. 1 and on the other side of College Avenue down to Kenmore Park.

Neighbors and members of the College Heights Civic Association fear that this bed and breakfast could lead to more commercial expansion in the area.

"It was built as a single family dwelling, it should stay a single family dwelling," said Clyde Matthews, president of the college heights civic association. "We do not want any commercial property along Rt. 1, we don't want any more commercial property in College Heights. We don't object to what Ms. Vinal wants to do, we just object to where she wants to do it."

If Vinal acquires the permits in the future, she intends to model this retreat after an organization called Mentoring Mansion located in Youngstown, Ohio. Mentoring Mansion is a retreat for church-going women to relax and spend time focusing on their homemaking skills.

Programs in home decorating, home organization, hosting and improving relationships are some things the Mentoring Mansion focuses on.

"It was going to be the second Mentoring Mansion," Vinal said. "My plan was a much more relaxed Mentoring Mansion—more the retreat kind of, you know, peaceful environment. Always learning knowledge is wonderful, and having a fun time too."

Vinal hopes to someday offer classes at her home.

"A big thing for me is nutrition," Vinal said. "I would like to do some cooking classes and nutrition classes."

Vinal's other ideas for the center include a mother-daughter weekend, and possibly a newlywed bride event.

Bonnie DeLelys, owner of the Richard Johnston Inn, located

on Caroline Street, supports Vinal's proposal.

"I think it would be an asset to the community, especially as far as bringing an upscale business into Fredericksburg," DeLelys said.

Supporters of Vinal argue that College Heights is already a mixed-use area. There are churches, a university, athletic fields, apartments and dentist office, all in the immediate area.

Judy Johnson, a Real Estate agent and resident of College Heights, believes Vinal's proposal will only benefit the community.

"Why not embellish and enjoy Fredericksburg?" Johnson said. "People are modeling this area...this is what the consumer wants."

In regard to a commercial business, Vinal and her supporters believe the clientele of the bed and breakfast will be respectful to the area, and take pleasure in touring downtown Fredericksburg.

It may be some time before Vinal gets settled

into her new home. The closing of house was planned for Oct. 4, but will be extended another month to Nov. 1.

"It was a lot of money to put together. We've had delays on my properties up here [in Massachusetts]. I sold two beautiful properties up here to do this," Vinal said in regard to the closing.

"I'm definitely under agreement for this house—I'm going forward no matter what. As long as the builders continue to cooperate as they have done so graciously, I will continue to go forward with or without the town."

The recent decision of the City Council is upsetting to Vinal, but she is thinking positively.

"Maybe if the neighbors got to know me, it would have been different," Vinal said. "If I got to know the neighbors and the community I really think things would have been different. And I'm hoping they will be once I get there."

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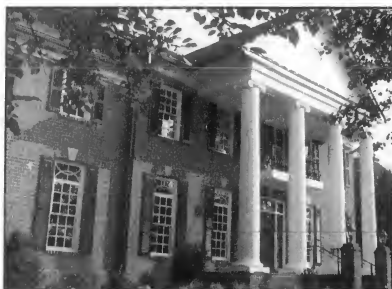


Photo courtesy Judy Johnson

A front view of the house on the corner of College Avenue and William Street which may be turned into a "Mentoring Mansion."

Viewpoints

Bush's Stump Speech Stumps Many

By THOMAS ALLISON
Guest Columnist

Even with 24-hour television news channels, syndicated national newspapers and the wealth of political information found on the internet, the stump speech is still an integral part of any political campaign.

Candidates go around the country performing the same speech that outlines their political ideologies and typically slams their opponent. All of these events are scripted to a certain degree, but President Bush has raised the paeantry to a new level.

Candidates usually vary their speeches from place to place, but after perusing the various scripts from whitehouse.gov (Not .com, different internet experience), Bush remains consistent.

On television you'll see hundreds of smiling enthusiastic railers applauding our president. During the question-and-answer sessions at most rallies, no reporters are allowed to ask questions. Only pre-screened supporters who submit questions beforehand are allowed to speak. Take this hard-hitting, in-your-face question:

MAN: I have three thank yous.

THE PRESIDENT: Thank you.

MAN: One, thank you for your availability to serve.

THE PRESIDENT: Thank you, sir.

MAN: Two, your candle is burning brightly.

THE PRESIDENT: Thank you.

MAN: And three, thanks for accepting the call and answering the call to work for what's right in the country and in the world.

Wow, it must be really hard to be held up to public scrutiny like this. But as mentioned above, since all stump speeches are scripted to a degree, I suppose we shouldn't hark on this subject.

What is important however, are the issues raised in the speech itself. From prescription drugs to the War on Terror, we have experienced an unprecedented simplification of the issues.

Bush gave you a prescription drug benefit. It doesn't matter if the programs are too difficult to follow or that it's unclear if seniors can really save money while getting the drugs they need.

In his speech, Bush says "if you have a job... if you're married or have children... John Kerry wants to raise your taxes."

In actuality, Kerry has stated that as president, he will "end corporate welfare as we know it and roll back the Bush tax cuts for the wealthiest Americans." The Kerry-Edwards economic plan found on johnkerry.com and various news sources as well, never mentions a tax increase for middle-class Americans.

As far as social issues are concerned, the simplification continues: "We stand for marriage and family which are the foundations of society." Unfortunately, people have varying views on what marriage and family mean to our society.

Britney Spears, a cultural icon, legally married

and annulled her marriage in one night. Half of all marriages end in divorce.

This is the foundation of our society? Why do we pretend that marriage is still a holy sacrament in our legal system?

By barring a homosexual couple from the pursuit of love, marriage and happiness because it might somehow interfere with the impeccable institution of marriage, and hiding your actions behind rhetoric of family values is obscene and bigoted, and it simplifies the issue by omitting key perspectives.

The list goes on and on. "We stand for the second amendment." The statement insinuates that the opponent John Kerry wants to take your guns away, when really, it's just the gratuitous Uzis, AK-47's, M-16's, and Tec-9's that in many areas are illegal for hunting anyway.

"And against activist judges that legislate from the bench." True, judges don't have the power to write new laws, and I'm also opposed to mayors that ignore laws because they disagree with them.

However, the judiciary has every right to decide if an activity is protected by the Constitution. The executive should acknowledge this.

These are all complicated issues, and gay marriage does seem to be a particularly divisive one.

But where Bush's new stump speech moves beyond simplification and into the realm of

fabrication is his content on Foreign Relations.

Bush claims that if Kerry had his way, "Saddam would still be in power and be a threat to our security and the world."

Well, a year and a half later, no WMD's have been found, the bipartisan Sept. 11 commission and Colin Powell call have separately stated that there was no connection between Sept. 11 and Iraq. Pakistan last year revealed that a top scientist had sold secrets to every rogue nation except Iraq. Richard Clark, resigned anti-terrorism adviser, says in his book *Against All Enemies* that Bush came into his office shortly after Sept. 11 and asked Clark to find the link between Iraq and Sept. 11.

I'd say that the jury really isn't still out on this one, and it's pretty clear that Iraq is not and never should have been included in the war on terror.

Bush always ends his new speech with his cornerstone issue: the attacks of Sept. 11 themselves. He says that he'll "defend America, whatever it takes."

Well, if "whatever it takes" means lowering taxes while expenditures skyrocket, putting dangerous weapons on the street, restricting civil rights of people based on their sexual orientation, and attacking a sovereign nation that doesn't appear to have been causing a threat to us, then maybe Rush Limbaugh is right about people like me: I'm just un-American.

Thomas Allison is a sophomore.

Mary Washington Is The Same As Ever

By ANNE CLAIRE SHILTON
Guest Columnist

Though the exit off Interstate 95 was the same and the traffic down there just as bad as always, I was afraid I might be a little bit lost coming back to Mary Washington this fall.

Things were changing. A new roommate, new classes, my best friend in India for the semester, and as the newly changed UMW signs along I-95 glaringly reminded me, I was essentially at a new institution.

As we left last spring the administration kept reiterating first that this change was going to be huge, "a big step for the college and community" while still somehow insisting that nothing about the place would change.

And as the cynical sociology major I am, I wasn't really sure which to believe. Would I be lost at this "new and improved" Mary Washington, among the sea of new applicants it promised to bring in and new grad programs it sought to offer? Where would I fit into all of this?

Upon arrival, I found I was far from lost. As I walked down campus walk passing the stately southern architecture and old shady trees, I knew exactly where I was.

As I passed familiar faces, played the what-animal-did-that-come-from? game at Seabeck and watched the clock through a 9 a.m. class, I realized that I was never even close to lost at all, and that nothing ever really changed.

In fact, if anything, I think it is the administration who borders on being lost.

As I fight to get into classes because we won't hire more professors, and lose my violin teacher-the one who drew me to this school originally, I find myself looking jadedly at the bright shiny new UMW signs.

While I am certainly glad the administration is making it crystal clear that we are not back at our beloved MWC anymore, I can't help but wonder if that money could have been spent slightly more wisely.

So to the administration, I'm proposing to draw you a map, because I fear you are losing sight of the direction of this institution.

Start with education, take a left at quality and a right at integrity.

Bypass the bell tower and continue on until you reach higher learning.

You'll find the students you want there, at the Mary Washington they know and love.

Anne Claire Shilton is a junior.



Emily Sala-Bullet

A sign on U.S. Rt. 1 points visitors to the University of Mary Washington.

Obey The Pool Rules; Don't Be A Fool

By HOLLY WHITE
Guest Columnist

Every year, at the start of a new school year, freshmen discover Mary Washington's campus.

In most places, the freshmen do their best to fit in and acclimate themselves to their surroundings.

However, some freshmen make their presence most noticeable in an unlikely place: the pool.

Most swimmers, athletes and students just looking to work out, follow certain etiquette

while they are in the pool. Three general rules apply—first, always ask before getting in someone's lane. Secondly, don't take another person's kickboard, and thirdly, there should be no more than three swimmers in a lane at one time.

Some freshmen do not seem to understand any of these rules.

Recently, I had a horrific experience at the pool in which, at one point, I shared my lane with five freshmen. Not one person waited for an open lane, or asked me if they could get in my lane.

I could tell these were freshmen girls because they violated the cardinal rule of the pool: never wear a string bikini and club earrings to swim laps.

In this regard, freshmen girls are a dead giveaway. No upperclassmen female swimmer would wear anything but a one-piece bathing suit.

So freshmen girls, take heed, invest in a one-piece. You can't get a tan in an indoor pool.

Another issue I have with freshmen just discovering the pool is the way they equate the pool with a place to socialize, hang out and

cause a general ruckus.

Again, it is not your neighborhood pool. It is not a place to pick up the opposite sex or show off your cannonball abilities.

It's like going to the gym to sit on the stairmaster while you talk to your friend sitting on the treadmill.

The pool is a place to work out, so please be respectful to all its patrons.

Follow the three rules, be patient and wait your turn. Thank you.

Holly White is a graduate student.

Bush Has No Plan At All

From BUSH, page 3

Saddam was a threat. Then it's determined by independent political analysts that Saddam was not a threat and his government was collapsing. So the Bush administration changed tactics to "free Iraq."

The Bush administration has changed their position constantly as the truth has come out. We must remember this. Bush is deflecting this fact by claiming it to his opponent. The one consistency is that he hated Iraq and Saddam but whether it was anti-WMDs, terrorism, and national safety or to free Iraq, is ever-changing with this administration.

Within the debate, Bush used all of these excuses. Ultimately, it can not be all of these from the beginning, so it's clear the Bush

administration has changed its position as the facts and politics change.

Perhaps even worse is their arrogance in not admitting this or their errors.

The Bush administration suffered from tunnel vision when entering Iraq.

It had one goal: not to find WMDs, but to get rid of Saddam, and ignored the United Nations, the evidence contrary to what they wanted and ignored the possible effects.

The administration rushed into Iraq with no clear plans. It ignored doctrines from Bush's father's administration.

And it is now in an unexpected situation. Bush never created an occupation strategy and lacks what no exit strategy.

Kerry was right, and one might notice Bush's only response was to attack Kerry's character

and not to prove his strategy, not a valid rebuttal, because he doesn't have one, when he said Bush's plan was "more of the same."

That's not a plan, and that won't get the job done. That led us into this quagmire, and is doing nothing to stem the cost. More

soldiers are lost every month and each month, worse than the one before.

"More of the same" has gotten us into bad

situations with no real plan to get out. Kerry has a plan, Bush does not.

The Bush campaign uses these attacks to preempt them from being used on him. Ultimately, the Bush administration is the true position-changer and it lacks the clear plan for Iraq.

If Kerry's plan is right, I don't know. I do know, however, that "more of the same" hasn't been right and there is no basis to believe it will be right.

The current president has no real plan, a far worse proposition than a possible unsuccessful plan.

Especially when we can at least trust Kerry to admit mistakes and fix them, like he did after Vietnam, versus Bush whose optimism blinds him of the truth and of his mistakes.

If you don't admit mistakes, how can you be trusted to fix them?

William Demarest is a senior.

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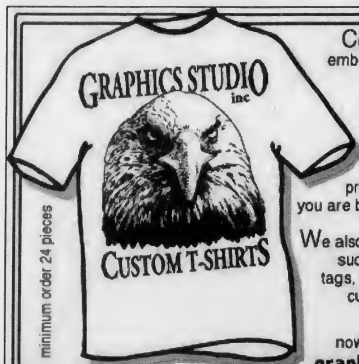
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Block Is Virginia Woman of Year

Alumna Voted In Top Ten For National Award

By **LYNNE COREY**
Staff Writer

On Sept. 17, while Melissa Block was attending a class at the Physician's Assistant School at Anne Arundel Community College, her cell phone suddenly started vibrating and would not quit. Block, a former all-star lacrosse player at Mary Washington, stuck it out through the rest of the class before giving in to her curiosity. The suspense was killing her.

"I [was] dying to know what [was] going on," Block said. "I had to sit there for another hour of psychiatry before I could see what was going on."

As it turned out, she had two callers that day wearing out their re-dial buttons: University of Maryland's Sports Information Director Clint Often and Women's lacrosse coach Dana Hall. Both were eager to tell Block that she had been named one of ten finalists for the prestigious National Collegiate Athletic Association Woman of the Year Award. She is the first Mary Washington student in history to receive this honor.

Block was ecstatic about the news, though it took her a while to find anyone close by who could appreciate the significance of her accomplishment.

"No one around me knew what I was talking about, so I thought I was going to burst," Block said. "So then I called my mom, and Andy [Rogers, my boyfriend], and my aunt Darlene."

Block, who graduated last year, was Mary Washington's 2004 candidate for the Woman of the Year Award. She was already the Mary Washington Female scholar athlete of the year, the Division III Defender of the Year, and the 2003 Capital Athletic Conference Player of the Year. Academically, Block maintained a 3.68 grade point average overall, 3.72 in her major, and made the President's list for one semester and the Dean's list for six semesters.

She will be flying to Indianapolis, Ind. on Oct. 30, all expenses paid, for an awards banquet honoring her and the other finalists for the Woman of the Year Award. The NCAA will announce the national winner at that time.

Often said he is thrilled that Block is a finalist for the award.

"Just winning the state thing alone is huge because she's going up against girls from every college," he said. "When we heard that she won the state, we were ecstatic because that's the first time anyone has every won the state for our school. Then to hear that she's one of the ten finalists is just unreal."

Hall agreed. "This is, without a doubt, the highest honor any student-athlete and maybe any student at Mary Washington has ever received," she said.

Block's family is also excited about her accomplishment.

"It was a pleasant shock," said Shirley Little, Block's mother. "We are just proud of her. She is certainly deserving and she worked very hard. It's nice that the accolades haven't stopped because she graduated."

Block's father, Larry Block, and Rogers will be accompanying her to Indianapolis where Hall will also join them for the banquet dinner. Block's mother is afraid of flying, but said she'll be watching the event on television.

"We aren't looking for her to get number one," Little said. "We just want to be there for her."

Block was always number one at Mary Washington. She is the all-time record holder for ground balls and turnovers caused. She was the only Mary Washington lacrosse player voted to the All-South Atlantic Region First Team in 2003-04, and also made the first team during the 2002-03 season. Block was the only Mary Washington student on the Intercollegiate Women's Lacrosse Coaches' Association Academic Honor Roll in 2003-04.

Block, who made the All-Conference Team three times and was a First Team All-American in 2003-04, also received the Mary Siegeström Leadership Award in 2003-04. This is a scholarship through the university that recognizes a student's dual successes both on the

field and in the classroom.

"I am very proud of Melissa and her accomplishments both on the field and in the classroom at UMW," Hall said. "She was institutional in our program's success during her era here."

Athletic Director Edward Hegmann agreed.

"I think it's a fantastic achievement and she is a well deserving athlete," he said. "She meant a lot to the program. We are very proud of her."

As the team's co-captain, Block was inspiring to her team.

"It was a great experience to play with Mel because she was always there for you as a player and a person," said lacrosse senior midfielder Erica Larsen. "The best thing about Mel was that she never backed down when we played the really good, high ranking teams. She inspired everyone to not be afraid, to take down the giants."

Junior goalie Robyn Lankford said she admires Block.

"She's very dedicated and humble," Lankford said. "She led through her actions, not her words. She is an all-around awesome person."

Athletics is only part of the reason Block is a top ten finalist for the award. Every school in the nation from Divisions I, II, and III chooses one nominee and each athlete is considered equally for state and national awards. The applications are based on athletics, academic achievement, and service and leadership. These aspects all weigh 28 percent of the decision, respectively, and a personal statement accounts for the remaining 16 percent.

The eligibility requirements are that the nominee must have earned a varsity letter during the 2003-04 season, completed intercollegiate eligibility in her primary sport by the end of the 2004 spring season, and maintained a cumulative GPA of 2.5.

Far surpassing these requirements, Block was a member of the National Collegiate Scholars Association and was a National Collegiate Scholar 2001-02. In addition, in 2003-04, she was a member of the Mortar Board, Chi Beta Phi National Science Honorary Society, and a member of the Alpha Phi Sigma Honor Society.

In addition to lacrosse and her studies, Block volunteered for the Friends of the Rappahannock River from 2001-03 and was a Mary Washington tour guide during that same period. At Mary Washington, she participated in the National Council of Jewish Women from 1997-2003 and the College Hill Association from 2001-03. Over the summer in 2003, Block volunteered at the Genesis ElderCare Spa Creek Center in her hometown, where she planned activities for the elderly. She was also an emergency room volunteer at the Anne Arundel Medical Center in 2003.

It's no wonder that Block says she can get by on four to five hours of sleep per night.

"But that's only when I need to and all," she said. "I don't need a lot of sleep to function. It will catch up to me, but I can function for a couple of days. My best studying is [accomplished] from 12 to 3 a.m."

Since the Woman of the Year Award was created in 1991, the only Virginia Woman of the Year to win the national award was Peggy Boutilier, a lacrosse and field hockey player from the University of Virginia. She won the award in 1998. Last year, the Virginia state winner was



Courtesy Melissa Block

Melissa Block, a top ten finalist for the NCAA Woman of the Year award, poses with her dog, Kirby.

Erika Paige Proko, a tennis player from Division III Washington and Lee University.

The other nine finalists this year include student-athletes from five Division I schools, three Division II schools, and one other Division III school. The schools come from all over the country, including California, Georgia, Idaho, Indiana, Michigan, North Dakota, Oklahoma and Oregon.

Block is currently living in Annapolis and attending a two and a half year program at Anne Arundel Community College. Block also continues to play lacrosse on one of the women's

post-college club teams around the nation called Annaplax. The team plays many different club teams in Maryland.

Block credits her success to her family and luck.

"I just attribute my success to all the support I had through college from family and friends," she said. "I have been lucky enough to have my hard work pay off and I realize that and remember that all the time. I was in the right place at the right time and I had things work out for me I guess. I was lucky to have been successful at something I love."

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Sports

Eagles Drop Third Straight

By LAUREN BOSTON
Staff Writer

After almost 75 scoreless minutes of play in the University of Mary Washington men's soccer game against Messiah College on Sunday, the visiting Falcons were able to get on the board with the only goal of the game.

Messiah sophomore Tim Stello broke away from a pack of Eagle defenders, weaving his way toward the goal with impressive footwork. He got a fairly open shot at the net and drove it past junior goalie Elliot Jones and into the corner of the net. This gave the Falcons, ranked 9th in the nation, a 1-0 victory.

Despite the loss, the Eagles showed more heart than any opponent Messiah has faced this season. They hustled to the ball and played strong defensively. Although they could not pull out a win, head coach Roy Gordon was pleased with his team's effort nonetheless.

"Man to man [Messiah is] a little better than us," he said. "We gave them problems though. We had opportunities."

The level of play during the game did indeed seem to be on a much higher level than in other matchups so far this season, and the Eagles were able to keep up with Messiah for most of the game. The Falcons won the Division III National Championship in 2000 and 2002, and were ranked number one in the pre-season this year.

During the first half of the game, play was back and forth as players from both teams struggled to gain an advantage on offense. The Eagles played extremely aggressive soccer, and as a result they were called for 17 fouls, compared to Messiah's six.

The Eagles had several close calls throughout the game that could have resulted in a much more lopsided final score. In the 21st minute of the first half, Jones was out of his net and Messiah had an open shot on goal. The Eagles and their fans breathed a sigh of relief as the ball just missed the left side of the net.

Regardless of the extra effort on the Eagles' part, Messiah had many more opportunities to score and out shot UMW 12-1. The Eagles were unable to get a strong offensive drive down the field, and could not gain possession of the ball long enough to put any points on the board. The Eagles never let up throughout the game, but couldn't pull through as the game wound down.

"We came out with the most heart we've had all year," said sophomore Glenn Gray. "We came out respecting this team and knowing they were number nine in the nation. We came out knowing a win could be the turning point for our season."

Gordon believes the defeat will serve as a model for the team as to how hard every game should be played.

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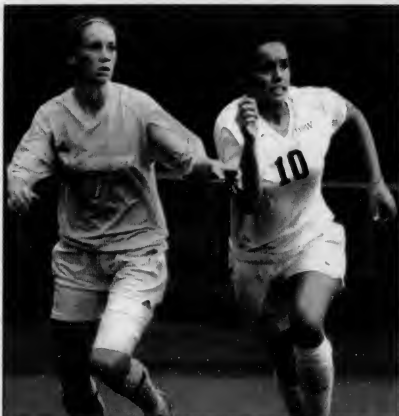


Peter Kelley/Bullet

Senior captain Brandon Lamb fights for the ball during the Eagles' 1-0 loss to Messiah College.

The Eagles host Catholic University today at 4 p.m.

Women Remain Unbeaten In Conference



Peter Kelley/Bullet

Freshman Megan Vaughan-Albert blows past her defender during the Eagles' 2-1 win over Salisbury.

By BRITT GOTTLIEB
Staff Writer

In a game that saw three yellow cards, two injuries, and a penalty kick, the University of Mary Washington women's soccer team was able to pull out a 2-1 victory on Saturday against their Capital Athletic Conference rival, Salisbury University.

The Eagles entered the contest undefeated in conference play at 4-0, whereas the Sea Gulls were 2-0-1 in the CAC. The Eagles were coming off of a tough week in which they notched a 1-0 win on the road over Marymount, and they came out flat to start the game.

"We tried to find every bit of energy we had in us," said junior Jacqui Forsythe.

With 20 minutes remaining in the first half, a handball was called against the Eagles in front of their goal, resulting in a penalty kick for the Sea Gulls. Candice Hills took the shot and placed it over senior goalie Mary Elizabeth Fulco and into the top of the net, giving Salisbury a 1-0 lead.

The Eagles came to life after this goal and struck back about three minutes later. Senior Kathryn Amirpashaie took a corner kick and sent the ball to the right side of the goal. Senior teammate Jen Condon headed the ball into the bottom corner of the net, tying the game at 1-1.

The Eagles had two other great scoring opportunities after Condon's goal, but they were not able to capitalize as Amirpashaie sent the ball over the crossbar and senior Jill Palmieri had her shot sail wide.

With five minutes left in the first half, the Eagles had

another corner kick that played out almost exactly like their first goal. Amirpashaie again took the kick and sent it to the same spot as before. This time it was Forsythe waiting there to head the ball into the goal, giving UMW a 2-1 lead that they would not relinquish.

"I saw it coming and just hit it," Forsythe said. "I thought I was going to hit the post with my head."

The team had worked on corners in practice and it showed in the game.

"I saw them at the far post both times, so I put it there," Amirpashaie said.

The teams played a scoreless second half, but three players received yellow cards. Cards were given to Amirpashaie and a Salisbury player, Meghan Tadio, for pushing. The third was given to a Salisbury player for talking back to the referee. There were two injuries as well for the Eagles, as freshman Amanda Sustak suffered a concussion and senior captain Betsy Pitti went down with an ankle injury.

The Sea Gulls had two corner kicks in the final minute of the game, but they could not tie the score. On the first kick, Fulco made the save, sending the ball high over the net. On the second opportunity, with only thirty seconds remaining, Condon got her head on the ball and sent it out of the box.

"I know I am strong in the air," Condon said. "The second the ball is up there, I do anything I can to get it out."

Even after playing so many tough games in the last few weeks, the Eagles were able to pull out the win.

"This game wasn't pretty, it was gutsy," said head coach Kurt Glaeser. "We are working hard and I am happy with where we are."

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Homecoming 2004



Athlete of the Week

Senior Kathryn Amirpashaie assisted on both goals in the Eagles' 2-1 win over Salisbury University



Peeping Toms On The Loose: Keep Your Peepers Peeled

By **DOREEN CIAVARELLI**
Staff Writer

On Sept. 11, at 3 a.m., senior Kim Pittman returned home and noticed a stranger peering in the windows of her house on Rowe Street, two blocks above the campus.

During the first week of classes, junior Jacqui Forsythe,

a resident of Washington Ave., experienced something similar, but with a different voyeur two blocks below campus.

Fredericksburg Police confirmed that one of these voyeurs had a wireless police scanner which enabled him to leave the scene when he detected calls to the police regarding himself.

Voyeurs are a regular occurrence around the University of Mary Washington campus, according to campus and Fredericksburg Police.

This year, students have called in three complaints of voyeurs to the Fredericksburg Police, yet there are few suspects and chances of catching them are unpromising.

Pittman said although she is taking precautions, she still feels nervous at night.

"Now we lock our doors and leave the outside light on," she said. "But late at night I'm scared there's going to be somebody outside my window."

The American Psychiatric

► See PEEPERS, page 2



Corey Byers/Bullet

Above: The old school seal, located on the floor of Trinkle Hall. This seal will not be removed in accordance with the new seal. Right: The new seal, which was approved by the BOV on Friday, Sept. 17.

Seal Deal Sealed

BOV Approves New University Seal, Diploma

By **ADELE CHAPIN**
Staff Writer

This year's graduating seniors will still have the words "Mary Washington College" on their diplomas, albeit in small type.

The top of the diploma, written banner-style in large letters, will read "University of Mary Washington."

The new diploma will also be stamped with a brand-new school seal. The spinning wheel featured in the old seal is gone, replaced instead by a book of knowledge.

These changes were implemented by the Board of Visitors at the University of Mary Washington, who unanimously approved a new design for the school seal and a new wording for the diploma on Friday, Sept. 17.

Mona Albertine, the rector of the Board of Visitors, thought the decision to change the diploma wording was appropriate due to the school's shift to university status.

"I believe the wording of the diplomas is in keeping with the spirit of the mission statement of the University of Mary

► See SEAL, page 2

Psychotropic Drug Usage Is High

Numbers Show Anti-Depressant Trends At UMW, Nationally

By **BETSY CRUMB**
News Editor

The University of Mary Washington has record of 24 percent of students taking some sort of psychotropic drug which, according to Bernard Chirico, vice president for student affairs and dean of students, is a medication that is capable of influencing a person's mental functioning.

This is based on the number of students who use psychological services. The demand for psychological services for this year, 2004-2005, has risen 150 percent since last year, according to Psychological Services director Barb Wagar.

Wagar said the first week in October, for the first time in five years, Psychological Services had a waiting list for appointments. She said this is because Psychological Services unexpectedly lost a staff member this year due to pregnancy complications, but while tight, appointments still are available for students. As of right now, 123 students have seen a therapist at Psychological Services; at this time last year, the number was at only 90. For all of last year, 2003-2004, Psychological Services treated 267 students.

Wagar said last year, 23 percent of students who used Psychological Services were on some sort of psychotropic medication and the year before last, the 2002-2003 school year, only about 15 percent of students who use Psychological Services were taking a behavior-influencing medication.

"So we're running close to last year so far, but we won't know the final percentage until the end of the year. There are probably many, many more students out there [taking psychotropic drugs], but the only way we can keep track of it is with the students who come in and we ask them about medication so we can have a record."

According to Chirico, this is also a national trend. Chirico said in 2000 the percentage of students using Psychological Service centers on a psychotropic drug was 17 percent, and that number rose to 20 percent in 2003.

"Also, nationally there has been a 91 percent increase in students at college counseling taking psychotropics between 1998 and 2003," Chirico said. "We're seeing an increase in student usage at our center at this point in time, and in addition we're seeing an increase in the students who are using the center and receiving medications...College students are entering their first year, more of them on psychotropic medications and also with more serious diagnoses."

Sophomore Bethany O'Connor is one University of Mary Washington student who is taking medication, but is not included in the 24 percent tallied by Psychological Service statistics.

"I was diagnosed with [Attention Deficit Disorder] in eighth grade and taking Adderall has made a noticeable improvement in my grades so I've continued taking it," O'Connor said.

According to the National Institute of Mental Health, one in every ten children or adolescents is affected with some sort of mental disorder that requires a psychotropic drug. Approximately 4 percent of adolescents are diagnosed with depression each year. According to results from an online survey conducted at the University of Mary Washington last year, one out of every ten students seriously considered committing suicide last year.

According to Wagar, depression and stress management are the two disorders University of Mary Washington students seem to have the most.

According to Rayford Kytte, spokesperson for the

► See DRUGS, page 2

Citibank Spoof Sends Students Fraud E-mails

By **ADINA YOUNG**
Staff Writer

When sophomore Khamla Nanthana received an e-mail from Citibank at the beginning of September regarding her account, she thought it was odd because she did not

have an account with Citibank. When she read the e-mail it asked her for personal information and her account number. Since she did not have an account with the bank she erased the e-mail.

She continues to receive these e-mails from Citibank.

"I get the e-mails about once every two weeks," she said. "Last week was the last time I have received one of these. I just erase them now without even opening them."

What Nanthana and many other students, faculty and staff that have received these emails, do not know is

that they are the victims of fraud. They are receiving e-mails from what Citibank calls a "spoof Web site."

A spoof website, according to citibank.com, is a Web site that mimics a popular company's Web site to lure you into disclosing confidential information.

To make these spoofs seem authentic, the "spammers" use the names, logos, graphics and even the codes of the real company's site. These "spammers" are after pin numbers, social security numbers, ATM/debit or

► See SPOOF, page 12

5 Day Forecast



TODAY
Cloudy
High: 62
Low: 45



FRIDAY
Partly Cloudy
High: 36
Low: 39



SATURDAY
Partly Cloudy
High: 67
Low: 45



SUNDAY
Few Showers
High: 71
Low: 46



MONDAY
Mostly Sunny
High: 70
Low: 43

Graphics courtesy Christin Connors

Verbatim...

"I'm a target a lot, it's part of the job. The more pissed off they get, the better it's working."

—Sarah Smith, page 4

Sports

Eagles Drop Third Straight

By LAUREN BOSTON
Staff Writer

After almost 75 scoreless minutes of play in the University of Mary Washington men's soccer game against Messiah College on Sunday, the visiting Falcons were able to get on the board with the only goal of the game.

Messiah sophomore Tim Stello broke away from a pack of Eagle defenders, weaving his way toward the goal with impressive footwork. He got a fairly open shot at the net and drove it past junior goalie Elliot Jones and into the corner of the net. This gave the Falcons, ranked 9th in the nation, a 1-0 victory.

Despite the loss, the Eagles showed more heart than any opponent Messiah has faced this season. They hustled to the ball and played strong defensively. Although they could not pull out a win, head coach Roy Gordon was pleased with his team's effort nonetheless.

"Man to man [Messiah is] a little better than us," he said. "We gave them problems though. We had opportunities."

The level of play during the game did indeed seem to be on a much higher level than in other matchups so far this season, and the Eagles were able to keep up with Messiah for most of the game. The Falcons won the Division III National Championship in 2000 and 2002, and were ranked number one in the pre-season this year.

During the first half of the game, play was back and forth as players from both teams struggled to gain an advantage on offense. The Eagles played extremely aggressive soccer, and as a result they were called for 17 fouls, compared to Messiah's six.

The Eagles had several close calls throughout the game that could have resulted in a much more lopsided final score. In the 21st minute of the first half, Jones was out of his net and Messiah had an open shot on goal. The Eagles and their fans breathed a sigh of relief as the ball just missed the left side of the net.

Regardless of the extra effort on the Eagles' part, Messiah had many more opportunities to score and out shot UMW 12-1. The Eagles were unable to get a strong offensive drive down the field, and could not gain possession of the ball long enough to put any points on the board. The Eagles never let up throughout the game, but couldn't pull through as the game wound down.

"We came out with the most heart we've had all year," said sophomore Glenn Gray. "We came out respecting this team and knowing they were number nine in the nation. We came out knowing a win could be the turning point for our season."

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Peter Kelley/Bullet

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